Godhead is light. Nescience is darkness. Where there is Godhead there is no nescience.



Inestaconcenseo

A refresher on the immortal pre-battle dialogue

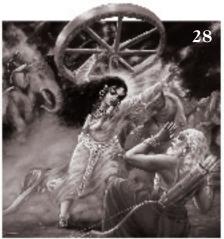


Assisting you in your quest for the Absolute Truth

Back to Godh

Founded 1944 • Vol. 40, No. 1 • January / February 2006









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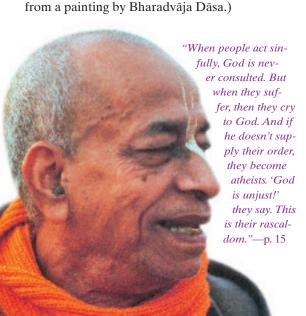
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COVER Lord Kṛṣṇa and Arjuna on the Battlefield of Kurukshetra. Before the great battle began, Lord Kṛṣṇa spoke the immortal teachings of the *Bhagavad-gītā*. Please see the summary of the *Gītā* beginning on page 44. (Detail



WELCOME



Śrīla Prabhupāda's lecture opening this issue discusses some of the evidence for Lord Kṛṣṇa's supremacy. This issue also brings you the essence of the *Bhagavad-gītā* in a few

pages. As a book reviewer might say, the *Bhagavad-gītā* is essential reading—for every human being. In "The Gītā Condensed," Kālakaṇṭha Dāsa draws on Lord Kṛṣṇa's words and Śrīla Prabhupāda's insightful commentary to create a concise, highly readable rendition of this great work.

In "The Scriptural Basis for the Greatest of All Mantras," Satyarāja Dāsa provides scriptural support for another activity essential for all human beings, namely chanting Hare Kṛṣṇa. As we chant Kṛṣṇa's names, our love for him and everything dear to him grows, and Anaṅga Rādhā Devī Dāsī, in "At Home in Kṛṣṇa's Land," shares with us some of the emotions she felt on her first visit to Vrndāyana.

Lord Kṛṣṇa wants to help us reach the highest levels of love for him, so he sends us tests in life that help purify our hearts. That's the theme of Arcana Siddhi Devī Dāsī's article "Cleansing the Temple of the Heart." And Caitanya Caraṇa Dāsa discusses the relationship between ordinary morality and the pristine spiritual morality of Kṛṣṇa and his pure devotees.

Hare Kṛṣṇa.—Nāgarāja Dāsa, Editor

OUR PURPOSES

- To help all people discern reality from illusion, spirit from matter, the eternal from the temporary.
- To expose the faults of materialism.
- To offer guidance in the Vedic techniques of spiritual life.
- To preserve and spread the Vedic culture.
- To celebrate the chanting of the holy names of God as taught by Lord Śrī Caitanya Mahāprabhu.
- To help every living being remember and serve Śrī Kṛṣṇa, the Personality of Godhead.



Lord Śrī Kṛṣṇa, the Supreme Personality of Godhead and source of all material and spiritual worlds

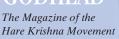


Lord Śrī Caitanya Mahāprabhu, Kṛṣṇa's most recent incarnation, taught Kṛṣṇa consciousness through the chanting of Hare Kṛṣṇa



His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, Founder-Ācārya of the International Society for Krishna Consciousness

BACKTO





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Letters

Any Path to God?

I have heard in many spiritual lectures that the *jīva* is part and parcel of Paramātmā and that after successfully controlling the mind and senses one can, as told by Rsabhadeva, merge into God to attain mokṣa, or relief from the cycle of death and birth.

Moreover, there are many avatars, and although Kṛṣṇa in the Gītā says to surrender unto him, he also says that we will reach him by praying to any god. Many gurus in India have taught that one may concentrate on the form or name of any god. Why does ISKCON focus only on Kṛṣṇa? Are ISK-CON members like the Christians and Muslims who insist that there is no salvation unless you obey the Bible or the Koran?

> K. Sarma Via the Internet

OUR REPLY: It is true that the jīva soul is a part of Paramātmā (Supersoul), as Lord Krsna says in Bhagavad-gītā 15.7, but Kṛṣṇa does not tell us to "merge into God," but to go to the spiritual world and be with God.

In the *Śrīmad-Bhāgavatam* (5.5.6) Lord Rsabhadeva says, "Until one has love for Lord Vasudeva, ... he is certainly not delivered from having to accept a material body again and again." Rsabhadeva uses the word vāsudeve, which means "unto Vāsudeva (Kṛṣṇa)." He does not say unto any god or goddess that you like. Only through love of Vāsudeva can we get liberation.

In Bhagavad-gītā 7.20–23, Lord Kṛṣṇa discourages worship of the demigods, concluding: "Those who worship the demigods go to the planets of the demigods, but my devotees ultimately reach my supreme planet." In verses 9.23–25 he repeats the same points.

Thus it is not a fact that Kṛṣṇa says that worshiping any god yields the same result. What you are presenting is a popular misconception of the truth spoken by Krsna. In ISKCON we accept the authority of Kṛṣṇa, not some popular gurus who misrepresent him.

Only the Supreme Lord can give salvation, not any other deity. So if the Bible and the Koran teach us to worship the Supreme Lord, and if people follow this good advice, they can attain salvation. Similarly, because Kṛṣṇa is the Supreme Lord, he can give salvation.

Unfortunately, many swamis and so-called gurus who present philosophies that disagree with the Bhagavad-gītā have created great confusion and led people away from the simple teaching of Bhagavadgītā: pure devotion to the Supreme Lord, Kṛṣṇa.

Motherhood As **Devotional Service**

Reading the article "What do Hare Kṛṣṇa Women Do?" [Sep/Oct 2005] left me wondering, with all respect, where is the Vedic role model of women as mothers and homemakers? When children are grown, women may do some substantial service for the temple. But aren't motherhood and homemaking services of great importance in Kṛṣṇa consciousness, even if, for the time being, a woman can't do much substantial service for the temple?

Kausalva Devī Dāsī Via the Internet

KARUNA DHĀRINĪ DEVĪ DĀSĪ REPLIES: I very much appreciate your question. In writing the article I mainly wanted to portray what women do as service at a temple. I did not present the important Kṛṣṇa conscious role of woman in the home as wife and mother: however, it is perhaps the most essential foundation for a spiritual society.

We know everything starts at home. A regular ārati offering before a home altar has the energy to radiate throughout a household, to touch the lives of everyone you associate with, directly or indirectly. Home *kīrtana* strengthens every family member who has to go off to work or school so he or she can face materialistic association.

A wife and mother must be convinced of the importance of Kṛṣṇa consciousness in the home. For a family that is always coming and going in and out of materialistic association, as most do, her stability and devotion are an anchor in the ocean of $m\bar{a}y\bar{a}$. And women doing temple services can be an example for her of practices that she can take up in her day-to-day life in the home.

Service Mixed with Offenses

I know a man who commits all kinds of offenses. He does not even try for liberation from his karma. Yet he chants almost daily, offers incense, and attends temple services now and then. He does these things because he likes to, with no thought of reward. He is always telling others that the temple is so beautiful, and he has taken many there. He tells others that spiritual life is good, but he does not follow the rules, even though he has some feelings of love for God. So what happens to such a man? Are his actions rejected by Kṛṣṇa? Why would such a sinner find himself chanting for no reason?

> Nevan Via the Internet

OUR REPLY: Lord Kṛṣṇa is very merciful and is inclined to give us many chances to improve ourselves. He also overlooks the devotee's faults and takes seriously his devotional service. Because of his past service to Kṛṣṇa, the man you speak of has some attraction to devotional activities, but his offenses prohibit him from performing

them steadily, so his progress will be slow. If he offends the devotees regularly, Kṛṣṇa will protect him (from making more offenses) by taking him away from the association of devotees, and he will probably become more materialistic, until he recognizes his mistake and becomes repentant. If his offenses are minor, he will be able to stay in the association of devotees and gradually improve.

Whatever devotional service he does is for his eternal benefit, and his offenses will have a temporary negative reaction.

Source of Negative Thoughts

What should we follow—our mind or our heart? Does Kṛṣṇa give power to the mind to think? If so, why do we get negative thoughts?

Vijay Raj Via the Internet

OUR REPLY: Should we follow our mind or our heart? We should follow God. God is in our heart, but until our heart is pure, we cannot see God and get his pure dictation. So we chant the holy name of God to purify our heart. And we follow God's representatives and his instructions as given in scripture.

Kṛṣṇa gives us the power to think, but we create our particular thoughts by our past positive and negative activities. Kṛṣṇa also gives us free will to cultivate positive or negative thoughts at the present moment and change our destiny. We can also choose to surrender to Kṛṣṇa's advice in *Bhagavad-gūtā*, become free from all our karma, and attain the spiritual world.

What Is "Worship"?

I am a graduate student doing my masters in architecture at the University of Arizona. My thesis is basically trying to extract what (please turn to page 34)





FOUNDER'S LECTURE

Māyāpur, India—March 9, 1974

LORD KRSNA: THE ONE ABOVE ALL OTHERS

The authoritative scriptures and saints in the Vedic tradition agree that Kṛṣṇa stands above all others, with no competition.

by His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda

Founder-Ācārya of the International Society for Krishna Consciousness

svayam bhagavān kṛṣṇa ekale īśvara advitīya, nandātmaja, rasika-śekhara

"Kṛṣṇa, the reservoir of all pleasure, is the Supreme Personality of Godhead himself, the supreme controller. No one is greater than or equal to Śrī Kṛṣṇa, yet he appears as the son of Mahārāja Nanda."

—Śrī Caitanya-caritāmṛta, Ādi-līlā 7.7

WHATEVER Kavirāja Gosvāmī is speaking is not out of his own whimsy. Whatever he's speaking, he's following the *paramparā* system of disciplic succession. That is the requirement of Vaiṣṇavism, or the requirement for being an *ācārya*, or guru. *Ācāryavān puruṣo veda*: Unless we accept the *ācārya* in the *paramparā* system, we cannot understand things as they are. It is not possible.

Kavirāja Gosvāmī is writing the *Caitanya-caritāmṛta* strictly according to the verdict of the *śāstras*, the scriptures. His statement is that



Kṛṣṇa is the original Personality of Godhead. *Svayam bhagavān kṛṣṇa*. Bhagavān is a person. Bhagavān is not impersonal. *Brahmeti paramātmeti bhagavān iti śabdyate* [Śrīmad-Bhāgavatam 1.2.11]: The first realization of the Absolute Truth, by speculative knowledge, is the impersonal effulgence of the Lord, which is called the *brahmajyoti*. The next realization is the Paramātmā, the localized aspect of the Supreme Person-

ality of Godhead. But realization of Kṛṣṇa is the ultimate realization. Svayam bhagavān kṛṣṇa.

Bhagavān means "possessor of opulence," specifically one full in six opulences. Nobody is richer than Bhagavān, nobody is stronger than Bhagavān, nobody is more beautiful than Bhagavān, nobody is wiser than Bhagavān, and nobody is more renounced than Bhagavān. That is Bhagavān. Aiśvaryasya samagrasya vīryasya yaśasaḥ śriyaḥ . . . [Viṣṇu Purāṇa 6.5.47]. That is Bhagavān. He is fully opulent, not partially.

Left: The same Lord Kṛṣṇa who sports as a cowherd boy in Vṛndāvana also spoke the Bhagavad-gītā, revealing his identity as the source of everything.

When there will be no more clashing—when we shall agree that the central point is Kṛṣṇa—that is oneness.

For example, he knows everything. Kṛṣṇa says in the *Bhagavad-gītā—vedāhaṁ samatītāni* [7.26]—that he knows past, present, and future. He says, therefore, "My dear Arjuna, it is not that you, I, and all the soldiers and kings assembled here were not existing before. We are existing at the present moment also, and in the future also we shall continue to exist."

And how shall we exist? Individually. Otherwise Kṛṣṇa would have said that in the future when we become liberated we shall become one. No. He says, "Even in the future we shall continue to exist like this. You are an individual. You are Arjuna. I am Kṛṣṇa. And all other living entities are also individuals."

That is the real understanding. Every one of us living entities is an individual person, and Kṛṣṇa is also an individual person. That is knowledge.

nityo nityānāṁ cetanaś cetanānām eko bahūnāṁ yo vidadhāti kāmān [Kaṭha Upaniṣad 2.2.13]

"The Lord is the supreme eternal among innumerable eternals and the supreme living being among the innumerable living beings. He maintains all others." Kṛṣṇa, or God, is eternal, and we are also eternal. Na hanyate hanyamāne śarīre [Bhagavad-gītā 2.20]. We do not die. That is the preliminary spiritual understanding: "I am not this body. I am spirit—ahaṁ brahmāsmi—but I am an individual."

Kṛṣṇa is an individual person; I am also an individual person. Kṛṣṇa says sarva-dharmān parityajya mām ekam śaraṇam vraja: "Abandon all varieties of religion and just surrender unto me. [Bhagavad-gītā 18.66]. That does not mean that I will become one with Kṛṣṇa or merge into his existence. I keep

my individuality, and Kṛṣṇa keeps his individuality, but I agree to abide by his order. Therefore Kṛṣṇa says to Arjuna in the *Bhagavad-gītā* [18.63], "I have spoken to you everything. Now what is your decision?" As an individual, Arjuna has a choice. It is not that Kṛṣṇa is forcing Arjuna. *Yathecchasi tathā kuru:* "Now whatever you like, you can do." That is individuality.

MERGING INTO KRSNA'S ORDER

This is the ultimate knowledge. To "become one" or "merge into the existence" means to merge into the order of Kṛṣṇa. Our individuality at the present moment is $m\bar{a}y\bar{a}$, illusion. We are planning so many things, and therefore your individuality and my individuality clash. But when there will be no more clashing—when we shall agree that the central point is Kṛṣṇa—that is oneness. Not that we lose our individuality.

As it is stated in all Vedic literature and as spoken by Kṛṣṇa, we are all individuals. But the difference is that he is the supreme ruler: svayaṁ bhagavān ekale īśvara. He is a ruler, and we are also rulers, but we are subordinate rulers. Therefore He is ekale īśvara, "the one ruler." The Brahma-saṁhitā [5.1] says, īśvaraḥ paramaḥ kṛṣṇaḥ: "The supreme ruler is Kṛṣṇa."

Īśvara, the ruler, cannot be many. The Māyāvāda philosophy that everyone is God is not the right conclusion. Kṛṣṇa says, na mām duṣkṛtino mūḍhāḥ [Bhagavad-gītā 7.15]. If one does not submit to the supreme īśvara, the Supreme Lord, you should know perfectly well that "Here is a mūḍha, a rascal." Because it is not that everyone can become īśvara. That is not possible. There is then no meaning to īśvara. Īśvara means the ruler.

We are in a group, our International Society. But if everyone becomes the ruler or $\bar{a}c\bar{a}rya$, then how can it be managed? No. There must be some head. That is the principle in our practical life. We follow our political leaders. Unless I follow the leader, I cannot say, "I belong to this party." That is natural.

That is the Vedic statement: nityo nityānām cetanaś cetanānām. There must be one leader. That leader is of the same quality as I. I am nitya, eternal, and Kṛṣṇa is nitya. Kṛṣṇa is a living entity; I am also a living entity. So what is the difference between Kṛṣṇa and me? The difference is that there are two nityas or two cetanas. One is described as singular, and the other is described as plural. Nityo nityānām. This nityānām is plural, and nitya is singular. So God is nitya—one, singular—and we are being ruled. We are plural. That is the difference.

THE ONE SUPPLYING EVERYTHING

And how is he ruling the plural in number? *Eko bahūnām yo vidadhāti kāmān:* He's supplying all their necessities of life. Therefore he's *īśvara*, he's Kṛṣṇa, he's God. The one who provides all the necessities of life is *īśvara*. He's Kṛṣṇa, he's God.

We can very well understand that we are being maintained by Kṛṣṇa. And why should we not be ruled by him? Now, you can see in this country, in this village, Māyāpur, that so many food grains are growing, but who is supplying? That is Kṛṣṇa. It is not possible to grow these food grains in your factory. No. That is not possible. Kṛṣṇa is helping us. He has stated in the *Bhagavad-gītā* [3.14], *annād bhavanti bhūtāni*. Unless you eat sufficiently, unless you have food grains

in stock, you cannot flourish. *Bhavanti* means flourishing. Both animals and men must eat sufficiently. There must be enough food grain. You cannot manufacture food grain in your factory. You may start a very big factory—Goodyear tire factory—but that tire will not move when there is no supply of petrol. This is your position. You are dependent even for tires and petrol, and what to speak of food grains.

Who is supplying the food grains? Eko bahūnām yo vidadhāti kāmān: that singular number individual person. He is supplying. You can say that prakṛti, or nature, is supplying. No. Nature is not supplying. Nature is the agent of supply. The real supplier is Kṛṣṇa. That is also stated in the Bhagavad-gītā [9.10]: mayādhyakṣeṇa prakṛtiḥ sūyate sa-carācaram. Nature is working under the instruction or the indication of the Supreme Personality of Godhead, Kṛṣṇa.

In *Brahma-saṁhitā* [5.44] it is stated,

sṛṣṭi-sthiti-pralaya-sādhana-śaktir ekā chāyeva yasya bhuvanāni bibharti durgā

icchānurūpam api yasya ca ceṣṭate sā govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

"The external potency Māyā, who is of the nature of the shadow of the cit potency, is worshiped by all people as Durgā, the creating, preserving, and destroying agency of this mundane world. I adore the primeval Lord Govinda, in accordance with whose will Durgā conducts herself." Nature is dependent, although nature has got very extensive power—*srsti-sthiti-pra*laya—to create, to maintain, and to annihilate. Nature has such power, and therefore she is called Durgā, Durgā Devi. In Bengal there is a great, pompous Durgā-pūjā, Durgā festival. That is nature worship. But nature is yasya ajñāya: She is working under the order of Kṛṣṇa.

It is not that we Vaiṣṇavas do not care for Durgā Devī, as some people say. No. We offer her all respect because she is the agent of Kṛṣṇa, but we do not accept foolishly that Durgā is all in all. No. That we do not ac-

cept. Durgā is the working agent of Kṛṣṇa. And Kṛṣṇa also confirms this: mayādhyakṣṇa prakṛtiḥ sūyate sa-carācaram. Therefore Kṛṣṇa is the supreme īśvara, controller.

Durgā is conducting the activities of the material nature. But those who are mūdhas are captivated by the wonderful action of material nature. They are materialists. Tribhir gunamayair bhāvaih . . . mohitam. That is stated in the *Bhagavad-gītā* [7.13]. They are bewildered. Nature's business is to keep you a fool always. And if you can surpass the bewilderment of material nature, if you agree to be controlled by the supreme controller, then your life is successful. Therefore the author of the *Caitanya-caritāmṛta* writes, "Here is the one controller, ekala." And Kṛṣṇa says, mām ekam: "Me alone." Not an imitation Kṛṣṇa. Then you'll be befooled.

UNDERSTANDING THE VERDICT OF SCRIPTURE

The verdict of all the śāstra, scriptures, is the same. It is simply our misfortune that we do not understand the verdict of the śāstra. In the śāstra everything is there. Kṛṣṇa is the Supreme Lord. That is the verdict of the śāstra. It is stated in the Brahmasamhitā. And it is also stated in the Śrīmad-Bhāgavatam [1.3.28]:

ete cāmśa-kalāḥ pumsaḥ kṛṣṇas tu bhagavān svayam indrāri-vyākulam lokam mṛḍayanti yuge yuge

"All of the above-mentioned incarnations are either plenary portions or portions of the plenary portions of the Lord, but Lord Śrī Kṛṣṇa is the original Personality of Godhead. All of them appear on planets whenever there is a disturbance created by the atheists. The Lord incarnates to protect the theists."

And in the *Bhagavad-gītā* [7.7] Kṛṣṇa says, *mattaḥ parataraṁ nānyat:* "Nothing is superior to me." Don't think that there is something superior to Kṛṣṇa. That is rascaldom. As long as we remain such rascals, we shall not surrender to Kṛṣṇa. Therefore Kṛṣṇa

What Is the HareKrsnaMovement?

Founded in 1966 by His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, the International Society for Krishna Consciousness (ISKCON) carries on a great ancient tradition rooted in the *Bhagavad-gītā*, the teachings Lord Kṛṣṇa spoke five millenniums ago. The *Gītā* and the other Vedic scriptures declare Kṛṣṇa to be the original person, God himself, who appears periodically in this world to liberate all living beings.

Only five hundred years ago, Kṛṣṇa descended as Śrī Caitanya Mahāprabhu to teach the most sublime and effective means of meditation for the present day: the chanting of the names of God, especially as found in the Hare Kṛṣṇa mantra.

Today members of ISKCON continue Lord Caitanya's movement by distributing the teachings of Lord Kṛṣṇa and the Hare Kṛṣṇa mantra all over the world.

Pronunciation

We spell Sanskrit words and names by a phonetic system that lets you know how to say each word. Pronounce short a like the u in but, long ā like the a in far (and held twice as long as the short a). Pronounce e like the a in evade, long i like the i in pique. Pronounce the vowel **r** like the **ri** in **ri**m, and **c** like the **ch** in **ch**air. Pronounce consonants like ch, jh, and dh as in staunch-heart, hedgehog, and red-hot. Pronounce s and s like sh. So for Kṛṣṇa say KRISHNA, for Caitanya say CHAITANYA.

Spiritual Names

ISKCON members receive names of Lord Kṛṣṇa or his great devotees, combined with Dāsa, for men, or Dāsī, for women, both of which mean "servant." For instance, the name Kṛṣṇa Dāsa means "servant of Kṛṣna."

Nobody can compete with Kṛṣṇa, as he showed by practical example when he was present.

says [Bhagavad-gītā 7.15],

na māṁ duṣkṛtino mūḍhāḥ prapadyante narādhamāḥ māyayāpahṛta-jñānā āsuraṁ bhāvam āśritāh

"Those miscreants who are grossly foolish, who are lowest among mankind, whose knowledge is stolen by illusion, and who partake of the atheistic nature of demons do not surrender unto me."

Who does not surrender to Kṛṣṇa? You'll say, "There are so many big, big persons, and they do not surrender to Kṛṣṇa. So are they all mūḍhas?" Yes, they are all mūḍhas. That is the verdict of the śāstra. We cannot make any compromise. That is not possible. We cannot go against the principle of the śāstra. If you keep a competitor of Kṛṣṇa, then you are a mūḍha.

No Competitor

In today's verse it is said *advitīya*, "without a second." Not that there is another Kṛṣṇa. No. There cannot be any competitor of Kṛṣṇa. Therefore Kṛṣṇa says, *mattaḥ parataraṁ nānyat*: "There is no bigger authority than I." And here Kavirāja Gosvāmī says *advitīya*: no competitor.

Someone may say, "Everyone is God." But there is competition among such "Gods." But in the case of Kṛṣṇa, there is no such possibility, no competition. Nobody can compete with Kṛṣṇa, as he showed by practical example when he was present. Nobody could compete with him in knowledge, strength, love affairs, or any field of activity. There was no competition.

When Kṛṣṇa was present, he married sixteen thousand wives. Where is the competition? A person who cannot marry even sixteen wives claims that he has become God. Just see the foolishness. Even from the materialis-

tic point of view, who is that god who can marry sixteen thousand wives? Is there any possibility? Kṛṣṇa showed that he could.

From his very childhood, when Kṛṣṇa was three months old, Pūtanā tried to kill him. But he killed her. Similarly, Aghāsura, Bakāsura, this asura [demon], that asura. From the beginning of Kṛṣṇa's life, Kamsa and others from among the rogues, the asuras, were making plans to kill Kṛṣṇa. Even before Kṛṣṇa's birth Kamsa was planning, "As soon as Kṛṣṇa is born, I will kill him." Kamsa wanted to kill Kṛṣṇa's mother Devakī, but Vasudeva, Kṛṣṇa's father, argued, "Don't do this. Your sister's son has been prophesied to kill you, but your sister will not kill you. So let the son be born. Then I shall bring him to vou."

Kamsa believed the honorable words of Vasudeva because he knew, "Vasudeva is a very respectable, honorable man, and he has promised that the child will be brought to me." So Kamsa refrained from killing Devakī, his sister. Still, he was such a cruel person that he was ready to kill his own sister. The rogues and cruel persons do not care even for their mother or sister. They can kill anyone. That is their rogueism. Kamsa was that type of rogue. But Vasudeva, by his intelligence, saved the situation. And as an honorable person, he brought all the children to Kamsa. You know this history.

GOD IS NOT DEAD

The plan of Kamsa and the *asuras* is how to kill Kṛṣṇa, or God. That is going on. Everyone says, "God is dead. God is dead." When I first went to America, the philosophy was "God is dead." But in a newspaper report they admitted, "No, God is living. Swamiji has brought him in *sankīrtana* [the

chanting of God's names]."

God cannot be dead. If we are not ever dead—na hanyate hanyamāne śarīre [Bhagavad-gītā 2.20]—how can God be dead? That is another foolishness. God cannot be dead. He is nitya, eternal.

This is the position of Kṛṣṇa: He is the Supreme Person, the supreme ruler without any competitor. *Advitīya*: no competition. Here we have got competition, but for Kṛṣṇa there is no competition. There cannot be any competition. You cannot say that Lord Śiva or Lord Brahmā or any other demigods are as good as Kṛṣṇa, equally. No. That is not possible. Then Kavirāja Gosvāmi would not have used the word *advitīya*.

There cannot be any competition. If somebody puts any competitor before Kṛṣṇa, he's a pāṣaṇḍī.

yas tu nārāyaṇam devam brahma-rudrādi-daivataiḥ samatvenaiva vīkṣeta sa pāṣaṇḍī bhaved dhruvam

"A pāṣaṇḍī, or atheist, is one who considers the great demigods such as Lord Brahmā and Lord Śiva equal to the Supreme Personality of Godhead, Nārāyaṇa." [Hari-bhakti-vilāsa 1.17]

What to speak of gods such as Indra and Candra, even Lord Siva and Brahmā, the creator of the universe, cannot be compared to Kṛṣṇa. Advitīya. Cannot be compared. So those who say, "All the demigods and Krsna are on the same level; you can worship anyone"—they are all rascals. Because here it is said *advitīya*: Krsna cannot be compared to anyone else. That is Krsna. *İśvarah paramah krsnah*. Others may be *iśvara*, rulers. Lord Śiva may be *īśvara*, Lord Brahmā may be *iśvara*, but they cannot be parama īśvara, the supreme ruler. That is (please turn to page 42)

ONE ABOVE ALL OTHERS

Glossary

Ācārya—a spiritual master who teaches by example.
 Balarāma—Lord Kṛṣṇa's first expansion, who acts in the role of Lord Kṛṣṇa's elder brother.

Battle of Kurukshetra—an epic battle for rule of the world, fought five thousand years ago.

Bhagavad-gītā—the sacred book in which Lord Kṛṣṇa gives the essence of knowledge to his friend and disciple Arjuna.

Bhakti—devotional service to the Supreme Lord.
Bhaktisiddhānta Sarasvatī Ṭhākura—the spiritual master of His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda.

Bhakti-yoga—linking with the Supreme Lord through devotional service.

Caitanya Mahāprabhu—the incarnation of Lord Kṛṣṇa who appeared five hundred years ago to teach the chanting of the names of God as the religion for the present age.

Dharma—(1) ordained duties or religious principles; (2) one's eternal, natural occupation (i.e., devotional service to the Lord).

Godhead—the Absolute Truth, the Supreme Reality, progressively realized first as the impersonal allpervasive oneness, more fully as the Supersoul within the heart of every living being, and ultimately as the all-opulent Supreme Person.

Gurukula—a school where children learn the philosophy and practices of Kṛṣṇa consciousness along with regular academic subjects (literally "the place of the guru").

Hare Kṛṣṇa—the great mantra Hare Kṛṣṇa, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare.

ISKCON—the International Society for Krishna Consciousness.

Japa—individual chanting of names of God, usually while counting on beads.

Kali-yuga—in the endlessly repeated cycle of four cosmic ages, the present and worst age, the Age of Quarrel, of which 5,000 of 432,000 years have passed.

Karma—material action; its inevitable reaction; or the law by which such action and reaction are governed.

Kīrtana—congregational singing of names of God, usually accompanied by cymbals (*karatālas*) and drums (*mṛdaṅgas*).

Kṛṣṇa—the Supreme Personality of Godhead in his original transcendental form (see "Godhead").

Mahābhārata—the epic history of ancient India, a history in which the *Bhagavad-gītā* appears as the most important and well-known text.

Māyā—illusion; the energy of the Supreme Lord that deludes living entities into forgetting their spiritual nature and forgetting God.

Māyāvādī—one who regards the △ ultimately impersonal.

Modes of nature—the three qualities (and ignorance) that hold sway over all at material world.

Nityānanda—the incarnation of Lord Balarāma who appeared with Lord Caitanya Mahāprabhu.

Prasādam—vegetarian food that has been prepared for the Lord and offered to him with devotion (literally "mercy").

Purāṇas—Vedic histories.

Rādhārāṇ—Lord Kṛṣṇa's consort and pleasure potency.
Rathayātrā—"chariot festival": a festival in which the form of Kṛṣṇa is borne in procession on a large canopy-topped chariot or float, especially the festival originating in Puri, India, for Jagannātha (Lord Kṛṣṇa, "the Lord of the universe").

Sannyāsa—the renounced life of a man who relinquishes home to dedicate himself fully to the Supreme.

Śrī—an honorific meaning "opulent" (similarly: Śrīla, Śrīmad, Śrīmān, Śrīmatī).

Śrīla Prabhupāda—His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, the founder-ācārya of the International Society for Krishna Consciousness.

Śrīmad-Bhāgavatam—the most important of the eighteen *Purāṇas*, which tells of the nature and pastimes of Lord Krsna and his devotees.

Supersoul—the form of the Lord who resides in every heart along with the individual soul.

Upaniṣads—the 108 essential philosophical treatises that appear within the *Vedas*.

Varṇāśrama—the Vedic social system. It organizes society into four occupational and four spiritual divisions (varṇas and āśramas). The members of the four varṇas are the brāhmaṇas (intellectuals and priests), the kṣatriyas (administrators and soldiers), the vaiśyas (farmers and businessmen), and the śūdras (laborers and artisans). The members of the four āśramas are the brahmacārīs (celibate students), gṛhasthas (married people), vānaprasthas (retired people), and sannyāsīs (renunciants).

Vṛndāvana—the transcendental abode of Lord Kṛṣṇa, mirrored on earth as the town in India where Kṛṣṇa appeared five thousand years ago.

Vaiṣṇava—a devotee of the Supreme Lord (from the word *Viṣṇu*).

Vedas—the hymns of knowledge revealed by the Lord himself at the beginning of creation.

Vedic—pertaining to the culture in which the *Vedas* and related scriptures guide all aspects of human life.

Viṣṇu—any form of the Personality of Godhead (see "Godhead"); the forms the Lord manifests to create and sustain the material world.

Cleansing the

Temple of the Heart

The tests that Kṛṣṇa sends are meant to purify our heart and make it a fit place for him to reside.

by Arcana Siddhī Devī Dāsī

I STILL REMEMBER hearing my teachers announce to the class, "Please put all of your books and notes away, and I'll pass out the exam."

I'd feel a rush of adrenalin and a mix of anticipation and fear. The palms of my hands would become clammy, and I'd wipe them on my pants. I'd mentally scan all the notes I had crammed the night before and think how I should have studied more.

When the exam appeared on my desk, I'd take a deep breath. Essays, multiple-choice questions, and some true and false. In general, I did well on

Lord Caitanya and his associates wash the Gundicha temple in Puri before the Rathayātrā festival.

We constantly confront situations orchestrated by Kṛṣṇa for our spiritual growth. We can get help by looking to the examples of great devotees.

• • •

exams, but despite that, even to this day I have dreams of going into a class totally unprepared for the examination or of my mind going completely blank as I stare at the questions.

These commonplace anxiety dreams often bring to the conscious mind our fear of failure. I'm no longer a student in the classroom, where my success hinged on my ability to read, comprehend, and memorize. Now a lifelong student of *bhakti-yoga*, my success depends on the Lord's mercy and my endeavor to make steady progress in my spiritual practices. Every moment of every day I'm taking a series of experiential exams. Am I choosing to do something favorable for advancing in my spiritual life, or am I choosing something unfavorable?

Sometimes when I'm doing a service for the Lord, my mind thinks about many other things, or my attitude about the service is steeped in material consciousness. For example, I recently went into the kitchen to cook an offering for the Lord. I was tired from having been up late the night before with a guest who had come for the Sunday program at the temple. My husband had also been up late and hadn't had a chance to clean the kitchen.

My mind rebelled at the thought of having to clean the kitchen and then cook. I accepted the service, but not with the proper mood. While I plunged the pots into the sink of sudsy water, I could feel the resentment in my chest. I begrudgingly washed the dishes and wiped down the counters. After it was done, I stopped to examine myself. The kitchen was clean, but my heart was contaminated by my poor attitude. I hadn't passed the test.

One thing I have learned from thirty years of practicing *bhakti-yoga* is that Kṛṣṇa will very soon let me take the exam again. I'll have many oppor-

tunities to get this one right. These tests are taking place on the stage of *bhakti-yoga* called *anartha nivṛtti. Anarthas* are unwanted things such as lust, greed, anger, misconceptions, and false values within the heart, and *nivṛtti* means to clear away.

In this clearing stage, we constantly confront situations orchestrated by Krsna for our spiritual growth. We can get help by looking to the examples of great devotees, who show us how to react to difficult situations and what our proper frame of mind should be. Kṛṣṇa himself also guides us, such as when he appeared as Caitanya Mahāprabhu five hundred years ago. Lord Caitanya is Krsna entwined with the sentiments and emotions of his topmost devotee, Śrīmatī Rādhārānī. Caitanya Mahāprabhu's mission was to teach us how to obtain very deep loving feelings for the Lord.

To fill our hearts with pure loving emotion, all the negative, impure emotions and thoughts must be purged. Lord Caitanya prescribed a most effective way to clean the heart: chanting the pure names of God.

In his commentary on Caitanyacaritāmrta, Śrīla Bhaktisiddhānta Sarasvatī Ţhākura explains how one of Lord Caitanya's pastimes illustrates how carefully we must rid our hearts of all impurities. Lord Caitanya took many of his followers to clean the Gundicha temple in preparation for Lord Jagannātha's visit there during the annual Rathayātrā festival in Puri. First, the devotees collected and threw out all the large pieces of debris. Then they swept up smaller and smaller pieces of straw, dirt, and dust. With each successive sweeping, smaller and smaller pieces of dirt and dust remained. Finally, the devotees thoroughly cleaned the temple with hundreds upon hundreds of pots of water. Throughout the process the devotees chanted the Hare Kṛṣṇa *mahā-mantra* while they cleaned. Śrī-la Bhaktisiddhānta Sarasvatī Ṭhākura writes that the cleansing of the temple can be seen a metaphor for cleaning the heart of all unwanted things, even the most subtle.

THE DEBRIS OF PRIDE

When we start practicing bhaktiyoga and chanting the Hare Kṛṣṇa mantra, very prominent material attachments become visible. If we are fortunate, those attachments leave our heart, like thieves disappearing at the first glimpse of daybreak.

When I first became a serious student on the *bhakti* path, I moved into a Hare Kṛṣṇa community. The first ugly and unwanted debris I encountered in my heart was my false pride. Most of the young women and men living in the community were younger and less educated than I. Some had dropped out of high school to join Prabhupāda's mission, whereas I had finished college and was a graduate student.

Chanting helped me at once to see that my pride was an impediment to developing love for the Lord and his devotees. I intensified my prayers to become free of this pride. Shortly after, a very wonderful thing happened. For a period of time, perhaps weeks, Kṛṣṇa took away my ability to do even simple tasks. I was able to realize clearly that I had nothing to be proud of and that whatever abilities I had were all the Lord's mercy. Kṛṣṇa can give and he can take away—whatever will aid the devotee's progress.

Caitanya Mahāprabhu would often help people recognize some internal impediment to their achieving devotion to the Lord. Those who were (please turn to page 39)

TEMPLE OF THE HEART

SŔIĒA PRABHUPĀDA SPEAKS OUT

"Bhagavad-gītā Is Meant For Giving the Real Cure"

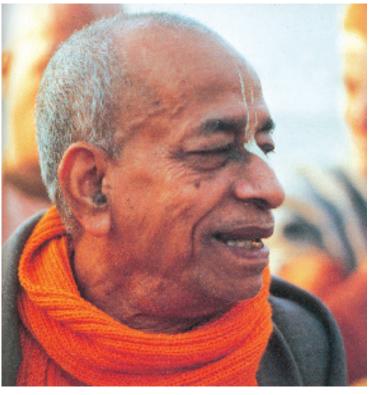
This conversation between His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda and social worker Ashoka Chugani took place in Mumbai, India, on January 8, 1977.

Mr. Chugani: I feel that your movement is doing very valuable work here in India. Perhaps you know of our success, also. We are making arrangements for many villagers in the outlying areas around Bombay to receive greatly needed eye operations. We have facilities for 5,200 patients.

Śrīla Prabhupāda: We are following *Bhagavad-gītā* as it is. *Bhagavad-gītā* doesn't teach that you help the people by tak-

ing care of their eyes. Kṛṣṇa does not give us any such philosophy in *Bhagavad-gitā*. That is your own idea. But we are applying *Bhagavad-gītā* as it is. That is the difference between your work and ours. Our program is, instead of giving relief only to the eyes, we give people real relief. If you give a man Kṛṣṇa consciousness, he won't have to take another birth in this material world. That means no more material bodies—no more eyes, no more disease. This is real relief from suffering.

Somebody's taking care of the eyes, somebody's taking care of the stomach, somebody the teeth, somebody something else, on and on. But this will not solve the problem. The real problem, *Bhagavad-gītā* says, is *jan-ma-mṛtyu-jarā-vyādhi*—birth, death, old age, and disease. Because you took birth, you have these eyes, so you're bound to have eye disease. Birth, death, old age, and disease: because you have accepted birth, you must accept old



age, disease, and death. Hospitals may give some temporary relief, but that is not the solution. The solution is to stop birth, death, old age, and disease. If you are able to give that solution, then there will be no more eye trouble, ever.

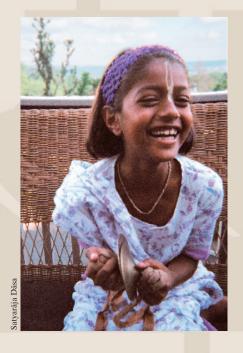
Suppose a diseased man goes to a doctor for treatment. His symptoms are sometimes headache, sometimes eyeache, sometimes stomachache. Now, if the doctor gives medicine only for the symptoms, is that the cure? No. This man has a disease, and if you cure the disease, the symptoms will be cured automatically. Similarly, everyone within the material world is

suffering from repeated birth and death. But *Bhagavad-gītā* is meant for giving the real cure—how not to take another birth in the material world.

Kṛṣṇa's advice in the *Bhagavad-gītā* is that we tolerate this temporary suffering. Just as your body is not permanent, so your diseases are also not permanent. You should tolerate the temporary suffering and solve the real problem—you must stop your repetition of birth and death. But people do not know that birth and death can be stopped, so they are simply busy with the temporary problems.

The *Gītā* explains how, on leaving his body at the time of death, one can go back home, back to Godhead—*tyaktvā dehaṁ punar janma naiti mām eti*. No more birth in the material world—that is the real cure for all suffering.

Mr. Chugani: What about the problem of starvation? We (please turn to page 42)



The Scriptural Basis For the Greatest of All Mantras

The chanting of Hare Kṛṣṇa, spread by Śrī Caitanya and his followers, is rooted in ancient Vedic texts.

by Satyarāja Dāsa



THE MAIN prayer of the Hare Kṛṣṇa movement—Hare Kṛṣṇa, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare—is translated as "O Lord! O energy of the Lord! Please engage me in your divine service." It is traditionally known as the mahāmantra, or "great mantra," because it contains yet surpasses all other sacred sounds and because it is a completely pure and selfless prayer; it asks only for service to the Supreme Lord and wants nothing else in return.

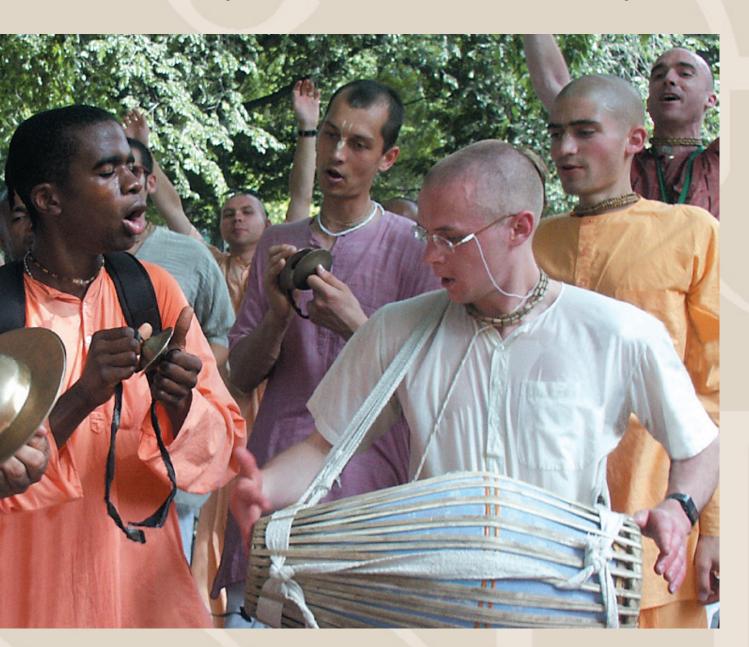
This being the case, it is surprising that the Śrīmad-Bhāgavatam, the Bhagavad-gītā, and the Caitanyacaritamṛta, the three most important texts of the Hare Kṛṣṇa movement, do not quote the mantra even once. Of course, Śrīla Prabhupāda, in his purports and sometimes in his translations, lets us know when a verse is implying the mahā-mantra, even if the Sanskrit and Bengali do not explicitly mention it. As an ācārya, or exemplary teacher in disciplic succession, his explanations incorporate the context of the vast gamut of Vedic teachings, as well as the insights of the saints and sages of the past.

While the central texts mentioned above do not include direct references to the *mahā-mantra*, they certainly glorify the chanting of the holy name. But I decided that, for those who

want to know, it would be useful to explore the explicit mentions of the mahā-mantra in scriptural texts. Some of my findings appear below. For the earliest references, I include the Sanskrit, especially for those specialists who may doubt my translation. For later quotes garnered from the Hare Kṛṣṇa or Gaudīya Vaiṣṇava tradition, I give only the English, since the entire later tradition would endorse the translations given here.

WHY THE SILENCE?

To my knowledge, no ācārya in our tradition has ever explained just why the central texts neglect to mention





18 BACK TO GODHEAD • JANUARY / FEBRUARY 2006

"The sixteen names of the Hare Kṛṣṇa mahāmantra... destroy the iniquities of the Kali age. This is the ultimate conclusion of all the Vedas."

> —Kali-santaraṇa Upaniṣad

the full mahā-mantra. Perhaps the ācāryas considered the question unimportant. After all, our main scriptures glorify the chanting of the holy name, even if the mahā-mantra is absent. Furthermore, scriptures and teachers in the tradition talk about the confidentiality of certain mantras. Śrī Sanātana Gosvāmī, for example, writes in his Dig-darśinī commentary on the Brhad-Bhāgavatāmṛta that such mantras should be chanted only by qualified persons who have received them through proper initiation. He says that even when certain scriptures discuss these mantras, special efforts are often made to disguise their exact syllables, or their explanation is purposely made difficult to understand for those unfamiliar with the cryptic codes of transcendental literature. Kṛṣṇadāsa Kavirāja Gosvāmī, the author of the Caitanvacaritāmrta, Śrī Caitanya's most authoritative biography, expresses a similar idea (\bar{A} di 4. 231–232): "All these conclusions are unfit to disclose in public. But if they are not disclosed, no one will understand them. Therefore, I shall mention them, revealing only their essence, so that loving devotees will understand them but fools will not."

In other words, the scriptures and sages sometimes reveal esoteric mantras such as the mahā-mantra, and sometimes they don't. So the question becomes not so much why the central texts do not mention the mantra, but why other texts do. The answer is, as Krsnadāsa Kavirāja Gosvāmī says, so that sincere souls will be able understand it. Also, great saints, in their ecstasy, are sometimes unable to contain themselves, and so the *mahā-mantra* slips through. For these reasons and others, the full mantra appears in sacred texts and in the writings of the sages. That being said, there are no restrictions for chanting the mahāmantra and, once properly received, the practice of chanting is easy and blissful.

Someone might ask, "Who cares? If the tradition teaches that chanting Hare Kṛṣṇa is central to the practice of Kṛṣṇa consciousness, why does it matter if the *mahā-mantra* is not found in the movement's most important

texts?" In one sense, it doesn't matter. And yet, Kṛṣṇa consciousness is a scripturally based tradition. All truth is gauged by reference to three authorities: the guru, the scriptures, and the sages, especially the great spiritual teachers in the disciplic succession. If these three don't tally, the tradition teaches, then something is amiss. In the Vaisnava tradition, gurus and sages attest to the importance of the mahā-mantra. But do the scriptures? A quick reading might suggest that they do not, even if the references are highly suggestive—the most important texts speak of the holy name but never mention the mahā-mantra directly. It is only in what scholars deem "later" literature that the mantra is generally found.

Modern scholars from outside the tradition say that the four *Vedas* and the *Upaniṣads* constitute the oldest of the Vedic texts (called *śruti*), whereas the *Purāṇas* and the epics came later. Consequently, so the theory goes, Vaiṣṇavism, or Kṛṣṇa consciousness, came later too, for its specific practice is mentioned only in the "later" texts.

Scholars arrive at these conclusions by using their own system of checks and balances, one less reliable than the one composed of gurus, sages, and scriptures. They use techniques of comparative and historical linguistics in conjunction with references to texts whose dates are known with greater certainty. Naturally, these methods are open to error, and scholars will generally admit this quite openly.

Practitioners and scholars from within the tradition, however, teach that Kṛṣṇa consciousness is eternal and that Vedic texts, whether old or new, are based on an oral tradition revealed at the dawn of time. The *mahā-mantra* is certainly part of the Vedic oral tradition. Furthermore, the mantra itself, as well as references to it, can indeed be found in "old" Vedic texts that have survived through the ages.

THE EARLIEST REFERENCES

(1) The *Kali-santaraṇa Upaniṣad*, part of the *Yajur Veda*, states:

hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

iti şodasakam nāmnām kali-kalmasa-nāsanam nātaḥ parataropāyaḥ sarva-vedeṣu dṛsyate

"The sixteen names of the Hare Kṛṣṇa mahā-mantra—Hare Kṛṣṇa, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare—destroy the iniquities of the Kali age. This is the ultimate conclusion of all the *Vedas*."

The context of the above quote is important: This Upaniṣadic text is a dialogue between Brahmā, the first created being, and Nārada, his disciple, who asks him about the most effective means to attain liberation in the current age. Brahmā answers with the above verse. And in a prior verse he informs Nārada that the *mahā-mantra* is "the real secret of the Vedic literature," thus underlining the mantra's confidential nature and its importance for the Vaiṣṇava tradition.

(2) The *Rāma-tāpanī Upanisad* (1.6) explains the meaning of the name *Hari* (Hare in the *mahā-mantra*):

harati tri-vidham tapam janma-koti-śatodbhavam pāpam ca smaratam yasmāt tasmād dharir iti smrtah

"The Lord is known as Hari because he takes away the sins—as well as the three types of suffering that result from them—of those who remember him. These are sins that are accumulated over millions of births."

The *Mahābhārata* (*Udyoga-parva* 71.4) explains the meaning of *Kṛṣṇa*:

kṛṣir bhū-vacakaḥ śabdo naś ca nirvṛti-vācakaḥ tayor aikyaṁ paraṁ brahma kṛṣṇa ity abhidhīyate

"The root *kṛṣ* indicates the Lord's supreme attractiveness; the suffix *na* points to ultimate joy. Thus, the name

Kṛṣṇa indicates the Supreme Brahman [spirit], who is the culmination of these two characteristics."

In the *Padma Purāṇa*, the *Śata-nāma-stotra* (8) of Lord Rāmacandra defines *Rāma* in this way:

ramante yogino 'nante satyānande cid-ātmani iti rāma-padenāsau paraṁ brahmābhidhīyate

"Yogis, or those desiring to link with God, take pleasure in the Supreme Self, who manifests as an absolute form of eternity, knowledge, and bliss. That same truth, known as the Parabrahman, is also called Rāma."

(3) The *Caitanya Upaniṣad* (verses 11–12), part of the *Atharva Veda*, tells us that the Hare Kṛṣṇa *mahā-mantra* is made up entirely of Kṛṣṇa's names:

svanāma-mūla-mantreņa sarvam hlādayati vibhuḥ sa eve mūlam-mantram japati haririti kṛṣṇa iti rāma iti

"The name of God is the root of all mantras, a splendid thing that brings joy to all. This root mantra is chanted with the words *hari*, *kṛṣṇa*, and *rāma*."

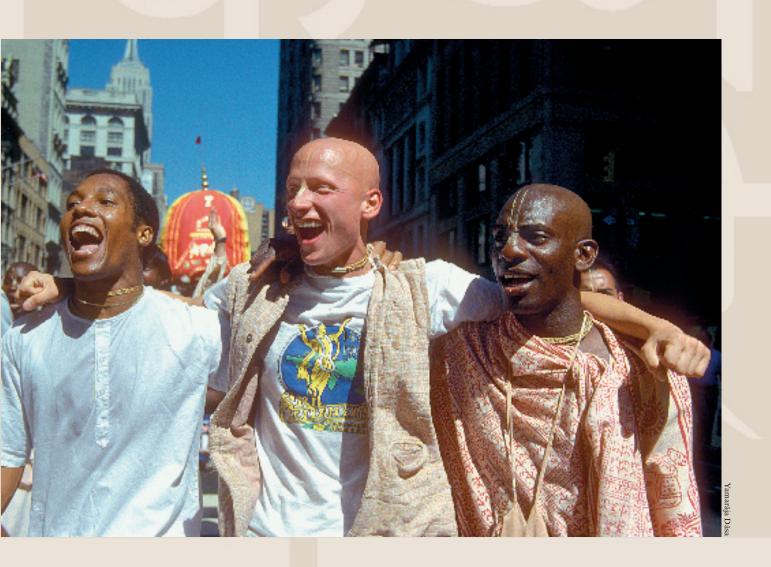
harati hṛdaya-granthim vāsanā-rūpam iti hariḥ. kṛṣiḥ smaraṇe tac ca ṇas tad ubhaya-melanam iti kṛṣṇaḥ. ramayati sarvam iti rāma ānanda-rūpaḥ. atra śloko bhayati

"Hari is he who removes the knot in the heart in the form of material desire. One can unite with the Lord by remembering the root kr, and the suffix na, which gives us the ultimate hymn of praise: Kr, r, r. And Rāma is he who gives pleasure to everything and is the form of bliss."

Because the word *hare* is the vocative case for both *hari* (a name for Kṛṣṇa) and *harā* (a name for Rādhā), some texts, such as the one just quoted, interpret "Hare" in the *mahāmantra* as a call to Kṛṣṇa. Later commentators, however, insist that, in its most far-reaching and spiritually sublime interpretation, Hare refers to Rādhā, Kṛṣṇa's eternal consort and the very embodiment of his spiritual

"The name of God is the root of all mantras, a splendid thing that brings joy to all. This root mantra is chanted with the words hari, kṛṣṇa, and rāma."

—Caitanya Upanisad





"Without Hari, there is no way to eradicate the sins of the age of Kali, and therefore it is essential that the name of Hari should reverberate in all the worlds."

—Brahma Yāmala

pleasure potency. The Gauḍīya Vaiṣṇava ācārya Śrī Jīva Gosvāmī points us in this direction when, in his explanation of the mahā-mantra, the Mahā-mantrātha-vyākhya, he writes (verses 1 and 2):

hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

sarva-ceta-haraḥ kṛṣṇas tasya cittaṁ haraty asau vaidagdhī-sāra-vistārair ato rādhā harā matā

"Hare Kṛṣṇa, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare. Kṛṣṇa steals the minds of all living beings [which is the meaning of "Hari"], but Rādhārāṇī steals even his mind when she uses her spiritual talents. Therefore she is known as Harā, as in the *mahāmantra*."

(4) The *Ananta-saṁhitā*, another ancient text, tells us:

hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

sodaśaitāni nāmāni dvātrimśad varņakāni hi kalau yuge mahā-mantraḥ sammato jīvatāraṇe

varjayitvā tu nāmaitad durjanaiḥ parikalpitam chandobaddham susiddhānta viruddham nābhyaset padam

tārakam brahma-nāmaitad brahmaṇā guruṇādinā kalisantaraṇādyāsu śruti-svadhigatam hareḥ

prāptam śrī brahma-śiṣyeṇa śrī nāradena dhīmatā nāmaitad-uttamam śrautapāramparyeṇa brahmaṇaḥ

utsrjyaitan-mahā-mantram ye tvanyat kampitam padam mahānāmeti gāyanti te śāstra-guru langhanah tattva-virodha-sampṛktam tādṛsam daurjanam matam sravathā parihāryam syād ātma-hitārthinā sadā

hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

"Hare Kṛṣṇa, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare. This sixteenname, thirty-two syllable mantra is the mahā-mantra in the age of Kali, and it is by this mantra that all living beings can be delivered. One should never forsake this mantra and adopt other so-called religious processes practiced by less qualified souls. Nor should one chant concocted combinations of Krsna's names that contradict the pure conclusions of the scriptures or are filled with incongruent emotions. Regarding this divinely spiritual mahā-mantra, which frees one from material existence, the original guru, Lord Brahmā, has said, 'The Kali-santarana Upanisad has declared this mantra to be the best means of deliverance in the age of Kali.' Having heard all this from Brahmā, his sons and disciples, beginning with Nārada, all accepted the Hare Kṛṣṇa mahā-mantra and, having meditated on it, attained perfection."

(5) In the *Brahma Yāmala tantra*, an ancient book of instruction on rituals, one finds the following:

harim vinā nāsti kiñcat pāpani-stārakam kalau tasmāl-lokoddhārāṇārtham hari-nāma prakāśayet

sarvatra mucyate loko mahā-pāpāt kalau yuge hare-kṛṣṇa-pada-dvandvaṁ kṛṣṇẹti ca pada-dvayam

tathā hare-pada-dvandvam hare-rāma iti dvayam tad-ante ca mahā-devī rāma rāma dvayam vadet

hare hare tato brūyād harināma samud dharet (please turn to page 39)



When a devotee's longing to see Vṛndāvana is fulfilled, her gratitude for Śrīla Prabhupāda's gifts grows.

by Ananga Rādhā Devī Dāsī





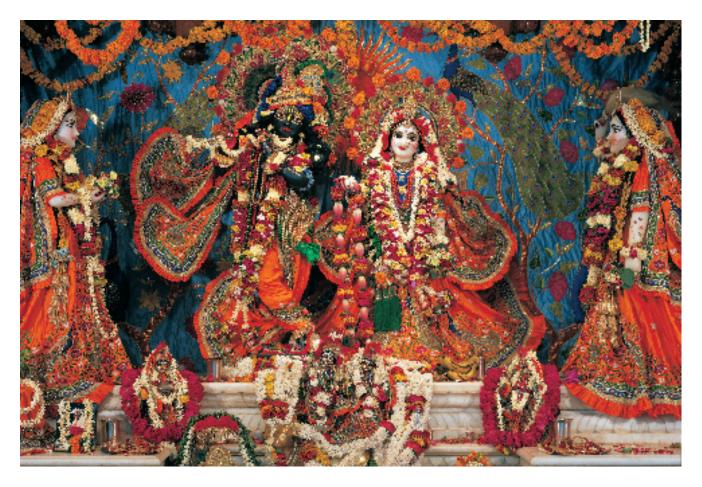


ALL GOOD THINGS come to an end. And so will my first visit to Vrndāvana after a few hours from now. That we require Rādhārāṇī's special mercy to be here cannot escape my mind, since I'm here after twelve to thirteen years of my association with ISKCON.

It was in the year 1992, during my October holidays (I was studying in the eighth standard then), that I came across the book Krsna, the Supreme Personality of Godhead, by Srīla Prabhupāda. Coming from an orthodox brāhmana family in South India, I grew up hearing stories about gods and goddesses from our scriptures. But I was very keen to know who God is. Some people told me that Lord Siva is God. Yet others told me Ganapati was God. I came across neighbors who were worshiping human beings as God. I was confused, and many questions gripped my mind. What did God actually look like? Did he listen to my prayers? Why was I here? Would death separate me and my grandfather, whom I love so much?

As I started reading Krsna, the Supreme Personality of Godhead, I realized that Kṛṣṇa was God. His amazing childhood pastimes in the holy land of Vrndāvana were so fascinat-

Śrīlā Prabhupāda in front of the *Kṛṣṇa-Balarāma temple (left). Top:* Kṛṣṇa-Balarāma. On the next page: Rādhā-Śyāmasundara with Lalitā and Viśākhā (top), Gaura-Nitāi (bottom).





Vṛndāvana Dhāma is filled with such potency that everything here reminds one of the Lord.

• •

ing that I gave up my Enid Blytons and Nancy Drews. I realized that there was no point in reading make-believe stories about ordinary people when you could read about the real pastimes of the Lord.

As I started turning the pages of *Kṛṣṇa*, Kṛṣṇa's childhood activities were not only a delight to read, but they totally absorbed my mind. It was then that I developed a desire to see Vṛndāvana. I dreamt as far as my imagination could take me. How would I feel when I saw the land where Kṛṣṇa performed his childhood pastimes?

When I reached Vṛndāvana I realized that my dream of so many years was finally coming true. I felt at home on seeing the deities of the ISKCON temple: Kṛṣṇa-Balarāma, Rādhā-Śyāmasundara, and Gaura-Nitāi. The Lord felt so near and yet so far away. The beauty of these deities is simply unparalleled, and one can get lost drinking the nectar of their merciful glance.

Everything about Vrndāvana is so special. As previous ācāryas have said, Vrndāvana has to be seen with our ears and not just with our eyes. If you see it with your eyes alone, you can see only dust and stones. But if you see it with your ears, you can be reminded of all the wonderful pastimes the Lord performed on this very land five thousand years ago. There are so many temples to see and so many spots where Kṛṣṇa performed his pastimes. Every corner has a rich history and story behind it. Every thing hereanimate or inanimate—seems to be enjoying the spiritual ecstasy of separation from the Lord.

UNITED IN SERVICE

During my three-day stay the temple was filled with devotees of Kṛṣṇa from around the world. They were engaged

in various services for the Lord—making garlands, selling books, distributing prasādam, teaching, cooking, taking care of Tulasī, doing the ārati, hearing classes. All of these devotees are spirit souls in the garb of Europeans, Americans, Indians, and other nationalities. It is as if the entire world has been united under one banner, under the flagship of ISKCON. It was also very heartening to see the little children of the international gurukula getting trained in accordance with scriptural injunctions.

All this was made possible by Śrīla Prabhupāda, a seventy-year-old sannyāsī who renounced the comforts of Vṛndāvana Dhāma to deliver us fallen souls. If one sees the glorious Rādhā-Dāmodara temple and Prabhupāda's quarters there overlooking Rūpa Gosvāmī's samādhi (memorial tomb), one can realize what sacrifice Śrīla Prabhupāda made in leaving the spiritually opulent atmosphere of Vṛndāvana to embark upon his holy mission.

Vṛndāvana Dhāma is filled with such potency that everything here reminds one of the Lord: the beggar on the street holding the ektara (a single-stringed instrument) and singing bhajanas glorifying Kṛṣṇa's pastimes; the sound of the conch shells announcing worship in a temple; the cycle rickshaw drivers, shopkeepers, and all the Vrajavāsīs (residents of Vrndāvana) greeting each other with "Rādhe! Rādhe!"; the more than five thousand temples; the innumerable spots where the Lord performed his unlimited pastimes; the chirping of colorful birds; the sound of a flute playing around the corner.

It is startling to see that such a place exists in modern-day India, untouched by the large malls, shopping complexes, discotheques, and pubs that are slowly becoming the norm of every Indian city. Vṛndāvana Dhāma is clearly the recipient of special

mercy from Śrīmatī Rādhārāṇī. The chants of "Radhe! Rādhe!" and the Hare Kṛṣṇa *mahā-mantra* are like the anthems of Vṛndāvana Dhāma.

INDEBTED TO PRABHUPĀDA AND HIS FOLLOWERS

Standing in front of the ISKCON bookstall, I realize that I am eternally indebted to Śrīla Prabhupāda. If I had not read his book *Kṛṣṇa* and had not met devotees sent by him, I would be lost in the ocean of nescience, "chewing the chewed" of material life, as Prabhupāda would say.

How indebted all of us should be to all the devotees who helped Prabhupāda set up so many centers, publish so many books, and do all the wonderful things that went into making this exceptional society called ISKCON.

As I prepare to leave with a heavy heart, I come to the conclusion that nothing in this world can surpass the magnificent beauty of their Lordships Śrī Śrī Rādhā-Śyāmsundara. It is very easy to remember Kṛṣṇa here. The real test is this: When I go out and māyā spreads her wings, how will I remember the Lord? May Śrīmatī Rādhārānī cast her merciful glance towards me—and all the devotees assembled here—and help me remember Kṛṣṇa always. And may she fulfill my desire of coming back every year. I'm sure that each time I come here, I shall be overwhelmed with new revelations of Vrndāvana Dhāma. All glories to Rādhā-Śyāmsundara! Vṛndāvana Dhāma *ki jaya*!

Ananga Rādhā Devī Dāsī, a disciple of His Holiness Jayapatāka Swami, lives with her husband in Mumbai, India. She has a post-graduate degree in management and is currently writing about vegetarian food and vegetarian cooking.

From Morality to Spirituality

Until people gain the spiritual inspiration that underlies truly good behavior, attempts to legislate morality will inevitably fail.

by Caitanya Carana Dāsa

DAILY NEWS reports of things like corruption, nepotism, favoritism, and infidelity have us fed up. Politicians say, "Education in ethics and values is the solution." But don't most people already know right from wrong? I think so. They just feel they'll fare better in life without following moral codes. And exhortation by moralists or legislation by politicians doesn't inspire them to think differently.

Living by moral principles is like following traffic laws for smooth and safe travel. The purpose of travel, however, is not to follow the laws but to reach the destination. If a traveler feels that the traffic laws delay him or obstruct his reaching the destination, he may break them if he thinks he can get away with it.

Like traffic laws, moral principles promote order, specifically orderly social interactions. But modern education doesn't teach us about the goal of social transactions or of life itself. Consequently people may stay moral out of deference to culture or tradition but give up morality when circumstances threaten or tempt them. Worse still, the incessantly glorified goals of modern consumer societyfame, wealth, luxuries, power, plea-

sure, prestige-encourage and even necessitate immoral behavior. The Bhagavad-gītā (16.8–15) explains that a materialistic worldview leads to insatiable lust and greed, which impel corrupt actions. When people are surrounded and bombarded by materialistic allurements, they may feel that by being moral they stand to lose a lot and gain nothing tangible. Moreover, our godless education gives us no knowledge about any higher natural laws of cosmic accountability. And the fallibility of our penal systems is all too well known. The result? Morality appears entirely dispensable, especially for the shrewd or powerful. In such an environment, how can we expect mere platitudes to inspire people to be moral?

"Morality means lack of opportunity." This saying catches the tottering utilitarian approach to morality. The Vedic texts of ancient India assert that morality without spirituality is baseless and therefore short-lived. If we seriously want morality in society, we need to introduce systematic spiritual education centered on a positive goal of life. The Vedic texts inform us of a nonsectarian universal spiritual goal of life: to develop pure





At Kurukshetra, Bhīşma had vowed to fight so fiercely that Lord Kṛṣṇa would have to come to Arjuna's protection, breaking his vow not to fight. To uphold Bhīṣma's vow, and to fulfill Bhīṣma's desire to see him in a fighting mood, Kṛṣṇa was ready to break his own vow. Thus Lord Kṛṣṇa's act of rushing to attack Bhīṣma with a chariot wheel reveals that exchanges of love between Kṛṣṇa and his devotees transcend ordinary morality.

God does not need moral codes because be has not the slightest trace of selfish desires.

love for God. We are all spiritual beings and are meant to rejoice in our eternal loving relationship with the supreme all-attractive spiritual being, God. Being intrinsically spiritual, we find real happiness not in material acquisition but in spiritually awakening our innate love for God. The more we love God, the happier we become.

Love for God results in love for all living beings as our brothers and sisters in the one universal family of God. When we love all living beings, we will no longer desire to exploit or manipulate others for our selfish interests. Instead, our love for God will inspire us to love and serve each other. This will create a culture of warmth and trust, which engenders moral behavior. This contrasts sharply with the modern culture of alienation and suspicion, which fosters immorality.

Genuine spiritual practices, even in their preliminary stages, trigger our innate value system. We intuitively realize that God is our greatest well-wisher. Subsequently we voluntarily and lovingly choose to lead a morally and spiritually principled life, as ordained by God, knowing it to be in our ultimate interest. And as we find inner happiness by loving God, we become freed from selfish, lusty, greedy, and egoistic drives. No longer do we feel we are missing anything because of our morality. Morality ceases to be the "difficult but right" choice. Rather it becomes the easy and natural course of action for our spiritual growth.

Some may feel, "All this sounds good, but it's unscientific and utopian." In other words, we live in an age where only the scientific, practical worldview is considered reasonable and acceptable. But is the Vedic worldview really unreasonable or impractical?

We should remember that science has never disproven the existence of God or the soul. Rather the reductionistic approach chosen by most sci-

entists for studying the universe just presumes the non-existence of any spiritual reality. Strikingly enough, even within this framework some scientists conclude that the evidence strongly suggests a super-intelligent designer of the cosmos (God) and a non-material source of consciousness within the body (soul).

Love of God will appear utopian only as long as we do not know the coherent philosophy and the clear-cut path to its attainment. Through genuine spiritual practices like prayer, meditation, and chanting the names of God, anyone can experience spiritual enrichment. Once we taste immortal love, we realize that it is the defining and unifying goal of life.

Someone familiar with episodes in the lives of Krsna and his devotees might object: "But Kṛṣṇa Himself sometimes acts immorally. And so do his devotees. How can worshiping an immoral God help us become moral?"

To understand this, we need to first consider the ultimate purpose of all morality. We are lost in the darkness of ignorance in the material world, not knowing what to do and what to avoid. Like a torch, moral codes light the way for us. They protect us from being waylaid by selfish desires and keep us on the way toward our ultimate objective-achieving love for Krsna and returning to him. But Krsna is the source of all morality, just as the sun is the source of all light. Because he is fully satisfied in himself, he acts only out of selfless love for us, either to reciprocate with our love or to help us rectify our errant ways. He does not need moral codes because he has not the slightest trace of selfish desires. It is we who need moral codes because we are filled with selfish desires. But if we become proud of our morality and try to examine Krsna with our moral standards, that's like searching for the sun with a torch. It's foolish and futile.

When the sun rises by its own accord, its effulgence reveals its full glory. Similarly when Kṛṣṇa decides to reveal himself by his own sweet will, we can understand his pure morality and glory. Until then it is best for us to scrupulously follow moral codes to please him so that he may eventually reveal himself. And we should be careful not to become proud of our righteousness.

If we accept Kṛṣṇa's position as the Supreme Lord, we can gain some understanding about how all his acts are moral. For example, Kṛṣṇa steals butter from the houses of the cowherd women of Vrndāvana. But how can he be considered a thief when he creates and owns everything? He takes the role of a child to reciprocate the maternal affection of his devotees. His stealing, a naughty childhood prank, enhances the sweetness of their loving exchanges. How can that be compared to our stealing, which leads to pain and punishment?

Similarly Krsna takes the role of a handsome youth to reciprocate with the devotees who desire a conjugal relationship with him. His love for the gopis (cowherd maidens) is based not on the beauty of their bodies but on the devotion of their hearts. Some people allege that Krsna's pastimes with the *gopis* are like the lusty dealings of ordinary boys and girls. But then why would highly renounced saints who give up the sexual love of this world, seeing it as disdainful and distasteful, worship the pastimes of Kṛṣṇa with the gopis? Even today thousands of people all over the world are becoming free from the control of lusty desires by chanting Krsna's names and worshiping him. If Kṛṣṇa himself were controlled by lust, how could he free his devotees from lust?

In the battle with the Kauravas, Kṛṣṇa urges the Pāṇḍavas to act immorally. But that is like an authority's urging policemen to break the speed limit to catch thieves who are speeding away. The policemen are breaking the speed limit to serve the purpose of the law. Similarly the Pandavas break moral codes to serve a higher purpose that Krsna wants to see fulfilled: to establish the rule of morality by removing the immoral Kauravas from power.

In exceptional circumstances, devotees of Kṛṣṇa may act seemingly immorally to do his will, which is meant for the ultimate good of all living beings. But generally devotees follow moral codes as an expression of their devotion to Kṛṣṇa. In fact, without devotion, we will not have the inner strength to sustain lifelong adherence to moral principles.

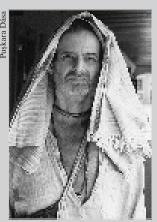
We need to exercise caution in understanding Krsna's actions, which are above morality. Otherwise, we may misunderstand him and reject his love, condemning ourselves to staying below morality and suffering the karmic reactions for our misdeeds.

If we want lasting morality, empty exhortation and ineffectual legislation won't do. As long as people are taught to pursue material goals, they will feel morality to be impractical or even undesirable. Only when they know and pursue love for God as the goal of life will morality become desirable and practical for them. Therefore at a social level we need to introduce genuine spiritual education and practices leading to love for God and inner fulfillment. And at an individual level, recognizing the spiritual basis of morality is highly empowering. It opens for us a course of action far superior to apathy, tacit approval, helpless lamentation, or indignant self-righteousness. In a cancerous tissue, one healthy cell can activate the healing process. Similarly when the cancer of immorality afflicts modern society, each one of us can, by leading a life of spiritual and moral integrity, activate the process of social recovery.



Caitanya Caraṇa Dāsa, who serves fulltime at the ISKCON temple in Pune, India, runs a free cyber magazine, The Spiritual Scientist. To subscribe, write to iyfpune@vsnl.com.

IN MEMORIAM



Kuśakratha Dāsa

ON OCTOBER 7 Śrīla Prabhupāda's dear disciple Kuśakratha Dāsa peacefully passed away in Vṛndāvana, surrounded by devotees chanting Hare Kṛṣṇa. He'd had cancer for several years.

Kuśakratha joined the Hare Kṛṣṇa movement in 1969 and received initiation from Śrīla Prabhupāda in New York in 1971. From the beginning he showed a great attraction to studying Prabhupāda's books, and he soon became known for his thorough knowledge of the Bhagavad-gītā.

In 1975 the leader of the Los Angeles temple was so impressed with his erudition that he brought him there to teach a Bhagavad-gītā course to the devotees.

But Kuśakratha was also known for his eccentric personality, and so the course didn't work out and he soon left Los Angeles. By the time he'd returned and settled there in mid-1976, he'd spent time rendering various services in the temples in New York, Boston, Atlanta, and San Diego, and done a short stint on the traveling Rādhā-Dāmodara bus party.

In Los Angeles Kuśakratha joined the Bhaktivedanta Book Trust Sanskrit department. Applying his keen intelligence to learning Sanskrit, he soon mastered the basics and was helping produce books. After Śrīla Prabhupāda's passing in 1977, book production tapered off, but Kuśakratha stayed, and before long he was the Sanskrit department.

It was in mid-1978 that Kuśakratha began his translation of the Vaisnava classics, mostly Sanskrit but also Bengali. This work would continue for more than twenty years. Working day and night, he produced over two hundred volumes of translation, as well as original Sanskrit and English poems. Rūpa Gosvāmī's Stava-mālā, Vidagdha-mādhava, and Lalita-mādhava, Raghunātha Dāsa Gosvāmī's Stavāvalī, Jīva Gosvāmī's sandarbhas, Sanātana Gosvāmī's Śrī Brhad-bhāgavatāmṛta, works by Prabodhānanda Sarasvatī, Kṛṣṇadāsa Kavirāja, Bhaktivinoda Thākura, and Narottama Dāsa Thākura—these and many more flowed from his computer and into the hands of eager devotees worldwide.

In 1998 Kuśakratha moved to Vrndavana and began writing English poems glorifying Rādhā and Kṛṣṇa and devotional service. By the time he passed away, he'd written thousands, almost all in longhand. The Vaisnava community eagerly awaits their posthumous publication.

THE VEDIC OBSE

THE TEND-AND-BEFRIEND **HORMONE**

by Karuna Dhārinī Devī Dāsī

When I read about oxytocin, I was relieved. Now I have a word to make sense out of all the emotional distractions I've felt since I was a young girl. The feelings I first noticed if a small child came near, took my hand, or sat in my lap, the sudden concern for a crying baby, deep feelings when I would see an old couple struggling through a supermarket, even affection for a puppy or a kitten—I can blame it all on oxytocin.

The intense feelings in a woman to want to care for another have been linked to a chemical release of oxytocin, the "tend and befriend" hormone (so nicknamed by psychiatrist Dr. Michael Gurian.) Researchers say that women simply have more of it. What I interpreted as weakness was actually the call of nature to transform a self-absorbed twenty-year-old into someone who would be able to take care of a child. Was it the beginning of a long road of transformation that might lead to a somewhat more selfless character? Now that I have traveled it, I can say yes.

As Gurian describes it in his latest book, "When a teenage girl hears a baby cry in a crowded theatre, her oxytocin level rises just slightly. When she hears a baby cry just next to her, it rises still more. When she sees a baby nearer her, or sometimes, even just on a television commercial, her oxytocin rises still further, compelling her to want to help the baby. When she holds the baby, oxytocin surges again. The imperative to intimacy in a young girl's brain is unmistakable."

In PET (Positron Emission Tomography) scans, Robin Gur of the University of Pennsylvania's neural imaging unit found that among males subjected to the same stimulus for tending and caring as were females, oxytocin changes in the brain are minimal by comparison.

Śrīla Prabhupāda, while explaining the view of the Vedic literature that women should always be protected, offered the example of a sixteen-yearold boy. He said a boy of that age who sets out alone to travel around the world will have more freedom and less difficulty than a sixteen-year-old girl. According to Dr. Gurian, "Males find it easier at times to remain independent and stoic for months on end because they don't have an internal female hormonal cycle returning them, repeatedly, to the intimacy imperative."

So, shall we just attribute emotional drive to a chemical such as oxytocin and leave it at that? Is being more emotion-driven than someone else an inferior condition? Did Krsna invest some people's bodies with extra emotion just to feel a kaleidoscope of ever-changing feelings and never see any reason for it?

No. First and foremost we must always remember that we are not the body, whether that body is male or female, young or old, sick or well, rich or poor. We are the soul who experiences life through the limiting medium of a body, much as a driver has a limited view from inside his car. The "car" of the body may provide a tour of the feminine or masculine experiences of life, and it may be fueled by a slightly different set of chemicals, but it has nothing to do with the constitution of the observant person riding inside. That person, temporarily inside the physical body, is the spirit soul, and all spirit souls are equal and eternal parts of God.

As spirit souls we originally spent our time with Kṛṣṇa in the spiritual world. Being pure spirit souls, we are all meant to enjoy an eternal, perfect emotional nature in the spiritual world with Krsna, who is Rasarāja, the master of all emotional experience, masculine and feminine. The tend-andbefriend propensities, the intimacy imperative—these are all an integral and joyous part of Kṛṣṇa's world. In his village of Goloka Vṛndāvana every person is fully cognizant and sentient because everyone's personal service relationship with Kṛṣṇa is top priority. Mother Yaśodā's feelings for Kṛṣṇa are so strong that her breasts flow with milk at the very thought of him. When Kṛṣṇa's father sees him at the end of the day, he heartily embraces Krsna and smells his head. Here in this world, Kṛṣṇa has invested us with relationship ability because we are made in his image. He has it too. If we don't at least observe and respect the basic nuances of material personality in this world, we lose an opportunity to accept the possibility of variety in the spiritual world with Kṛṣṇa, who is the source of all variety, spiritual and material.

A DEVIATION FROM TRADITIONAL **HUMAN BEHAVIOR**

As a young devotee mother with a hope that I might be pregnant, I went to a woman's free clinic to take a test. I sat in the waiting room anxiously. When my name was called, I went to sit with the clerk, who gave me the news of my pregnancy. Then, unabashed, she asked, "Would you like to carry the baby full term or terminate the pregnancy?"

Modern society has come a long

RVER Transcendental Commentary On the Issues of the Day

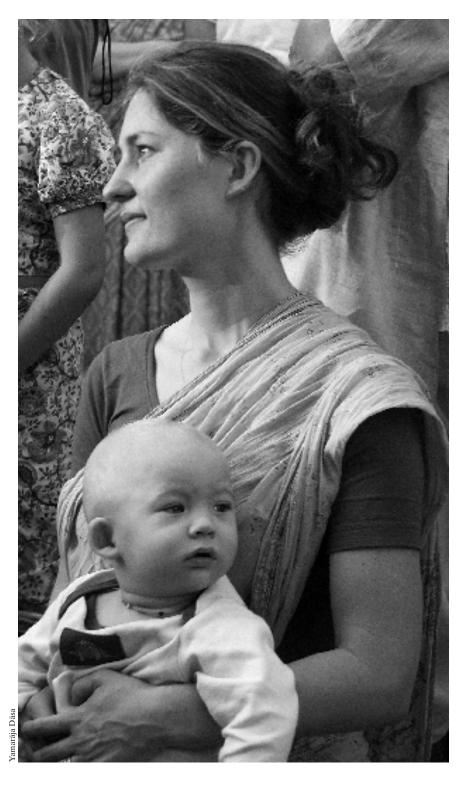
way from traditional human behavior. I left feeling I was lucky to be glad I was pregnant. Many women don't feel that way. With more women than men predicted to graduate with doctorates by the year 2010, more female CEOs in business than ever before, more women working side by side with police, firefighters, and soldiers, oxytocin gets in the way of career. The distraction of the tend-and-befriend hormone is best denied by women who wish to conquer areas of life formerly mostly the realm of men.

As a result, in modern first-world countries we see a strong decline in the birthrate among the middle and upper classes, since motherhood generally used to go on during these years, which are now focused on career. The science of birth control and abortion has become a somewhat hidden tool of several generations of the upwardly mobile professional woman. Whatever the God-given effect of oxytocin, women have the means to circumvent it.

Or redirect it.

Hence the boom of the pet and pet supply industry. In the parks in the seventies, you could generally see more babies in carriages than dogs on leashes. We now observe the great esteem dog owners have for their dogs, along with a growing row of pet products in every grocery store. Chains of giant billion-dollar pet supermarkets have opened up throughout the world. Surgery, chemo-therapy, emergency hospitals, and doggie mental therapy are all part of a modern science that caters to furry companions.

Śrīla Prabhupāda explains that to remain independent a person may refuse to serve anyone. He may live alone and choose to have no family. He may even try to get a job in which he interacts with no one and tries to avoid serving the government



by not paying taxes. He may try to set himself up as self-sufficient and not of service to anyone. And yet, in his solitude, he takes to a pet dog or cat. Why? Because the inherent quality of every living being is to serve another, and that service attitude is ultimately meant to serve the Supreme Being, Lord Krsna.

We say in Śrīla Prabhupāda's beautiful *pranāṁ* mantra:

namas te sārasvate deve gaura-vāṇī-pracāriņe nirveśeṣa-śūnyavādipāścātya deśa tāriņe

"Our obeisances are unto you, O spiritual master, servant of Sarasvatī Goswami. You are kindly preaching the message of Lord Caitanya and delivering the Western countries, which are filled with impersonalism and voidism." Prabhupāda came to destroy the impersonalism and voidism that have Western civilization spinning in circles. To refuse to recognize our loving tendency to serve God and his children is to deny our own drive for wholeness and happiness. Women as a class have suffered severely from this impersonalism in modern times. Because women have the intimacy imperative, what greater emotional danger could there be for them than to have their tendencies put aside and depersonalized as they pursue trumped-up material achievements? What greater insult to them and to the forthcoming generation from their wombs than to diminish their ability to foster love and nurturing in favor of material rewards?

NEGLECTED CHILDREN

Women have the very gift of life in their wombs. They can give the soul the opportunity for the human form of life and self-realization. Yet statistics show that children are not a priority. In January 2001 the American Surgeon General reported that the U.S. is facing nothing less than "a public crisis in mental care for children and adolescents." One in five American children has a diagnosed mental, emotional, or behavioral disorder, according to the National Mental Health Association. Both teenage obesity and prescription psychiatric drugs for children tripled in the last quarter of the 1900s.

Ritalin production for children has increased by seven hundred percent, and in teenage years these same kids tend to take to the abuse of it. Teenage suicide rates are also on the rise, according to the American Psychiatric Association. Such is the fate of the growing number of children in the last three decades who come home every

day to an empty house.

This type of suffering, in which a child feels little attention and care, cannot exist alongside true spiritual practice. Śrīla Prabhupāda gave us the Supreme Personality of Godhead, Śrī Kṛṣṇa, personal relationship with him, and the true spiritual practice of worshiping him. These gifts raise us up to a level of personal responsibility. Prabhupāda introduced Śrīmad-Bhāgavatam in the West because it describes Krsna's unlimited pastimes and relationships with us. When we hear Kṛṣṇa's glories, we tap into a deep well of pure affection that is precious to the soul.

Śrīla Prabhupāda has written, "The Supreme Absolute Truth Personality of Godhead is never impersonal. Everywhere in the Vedic literatures his glories are sung. As soon as soft-hearted people such as women hear those transcendental pastimes of Lord Kṛṣṇa, they immediately become attracted to him. Soft-hearted women and girls are therefore easily drawn to the Kṛṣṇa consciousness movement."

When we hear Kṛṣṇa's words, self-realization becomes a natural, spontaneous choice of the heart that we want to share with babies, children, family, friends—anyone Kṛṣṇa sends our way. We see everyone as a wonderful part of Kṛṣṇa.

LETTERS

(continued from page 5)

makes a spiritual place spiritual. Māyāpur is one of my case studies. My question is "What is worship?" and how can I best put it in an academic viewpoint.

Varshas Tuczon, Arizona

OUR REPLY: Here are two references that may help answer your question.

The first is from Dr. Diana L. Eck, Professor of Comparative Religion and Indian Studies at Harvard University. In a 1979 article in *Back to Godhead* (#14-10), entitled "Kṛṣṇa Consciousness in Historical Perspective," she wrote: "What is worship? It is not elaborate ritual which only a

few can afford, but simple offerings to God, made with a pure heart. As Kṛṣṇa explains to Arjuna: 'Whoever offers to me a leaf, a flower, a fruit, or water with devotion [bhakti], that person's offering of love made with a pure heart do I accept.' (Bg. 9.26)"

In his purport to *Bhagavad-gītā* 6.47, Śrīla Prabhupāda writes about worship and the special exclusive worship due the Supreme Lord: "Worship means to adore, or to show respect and honor to the worthy one. But service with love and faith is especially meant for the Supreme Personality of Godhead. One can avoid worshiping a respectable man or a demigod and may be called discourteous, but one cannot avoid serving the Supreme Lord without being thoroughly condemned."

These quotations give some insight into worship from the academic and devotional points of view.

Please write to us at: BTG, P. O. Box 430, Alachua, FL 32616, USA. Email: editors@krishna.com.

Except where otherwise noted, replies to the letters were written by Kṛṣṇa-kṛpā Dāsa.

CORRECTION

Our "Guest Editorial" in the last issue reported that a team of devotees from Houston rescued the deities in New Orleans. The rescue team was actually from Dallas, and the tractor-trailer they used was owned and driven by Daruka Dāsa of Dallas.

BOOKSECTION: SRIMAD-BHAGAVATAM

Referred to as "the ripe fruit of the tree of Vedic literature," Śrīmad-Bhāgavatam is the most complete and authoritative exposition of Vedic knowledge. Five thousand years ago the great sage Kṛṣṇa Dvaipāyana Vyāsa composed this purāṇa, or history, to explain the essence of spiritual knowledge. Here we present Śrīmad-Bhāgavatam in serialized form, with the original Sanskrit text, transliteration, word meanings, translation, and purports by His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, founder-ācārya of the International Society for Krishna Consciousness.

LORD ŚIVA: THE SUPREME INSTRUCTOR

The devas, headed by Lord Brahmā, approach Lord Śiva in Kailāsa.

CANTO 4: CHAPTER 6

29 रक्तकण्ठखगानीकस्वरमण्डितषट्पदम् कलहंसकुलप्रेष्ठं खरदण्डजलाशयम्

rakta-kaṇṭha-khagānīkasvara-maṇḍita-ṣaṭpadam kalahaṁsa-kula-preṣṭhaṁ kharadaṇḍa-jalāśayam

rakta—reddish; kaṇṭha—necks; khaga-anīka—of many birds; svara—with the sweet sounds; maṇḍita—decorated; ṣaṭ-padam—bees; kalahaṁsa-kula—of groups of swans; preṣṭham—very dear; khara-daṇḍa—lotus flowers; jala-āśayam—lakes.

In that celestial forest there were many birds whose necks were colored reddish and whose sweet sounds mixed with the humming of the bees. The lakes were abundantly decorated with crying swans as well as strong-stemmed lotus flowers. PURPORT: The beauty of the forest was intensified by the presence of various lakes. It is described herein that the lakes were decorated with lotus flowers and with swans who played and sang with the birds and the humming bees. Considering all these attributes, one can imagine how beautiful this spot was and how much the demigods passing through enjoyed the atmosphere. There are many paths and beautiful spots created by man on this planet earth, but none of them can surpass those of Kailāsa, as they are described in these verses.

30 वनकुञ्जरसङ्घृष्टहरिचन्दनवायुना अधि पुण्यजनस्त्रीणां मुहुरुन्मथयन्मनः

vana-kuñjara-saṅghṛṣṭaharicandana-vāyunā adhi puṇyajana-strīṇāṁ muhur unmathayan manaḥ

vana-kuñjara—by wild elephants; *saṅgḥṛṣṭa*—rubbed against; *haricandana*—the sandalwood trees; *vāyunā*—by the breeze; *adhi*—further; *puṇyajana-strīṇām*—of the

BOOK SECTION: SRIMAD-BHAGAVATAM

wives of the Yakṣas; muhuh—again and again; unmathayat—agitating; manah—the minds.

All these atmospheric influences unsettled the forest elephants who flocked together in the sandalwood forest, and the blowing wind agitated the minds of the damsels there for further sexual enjoyment.

PURPORT: Whenever there is a nice atmosphere in the material world, immediately there is an awakening of the sexual appetite in the minds of materialistic persons. This tendency is present everywhere within this material world, not only on this earth but in higher planetary systems as well. In complete contrast with the influence of this atmosphere on the minds of the living entities within the material world is the description of the spiritual world. The women there are hundreds and thousands of times more beautiful than the women here in this material world, and the spiritual atmosphere is also many times better. 1 Yet despite the pleasant atmosphere, the minds of the denizens do not become agitated because in the spiritual world, the Vaikuntha planets, the spiritualistic minds of the inhabitants are so much absorbed in the spiritual vibration of chanting the glories of the Lord that such enjoyment could not be surpassed by any other enjoyment, even sex, which is the culmination of all pleasure in the material world. In other words, in the Vaikuntha world, in spite of its better atmosphere and facilities, there is no impetus for sex life. As stated in Bhagavad-gītā (2.59), param dṛṣṭvā *nivartate*: the inhabitants are so spiritually enlightened that in the presence of such spirituality, sex life is insignificant.

31 वैदूर्यकृतसोपाना वाप्य उत्पलमालिनीः प्राप्तं किम्पुरुषैर्दृष्ट्वा त आराद्दृशुर्वटम्

vaidūrya-krta-sopānā vāpya utpala-mālinīh prāptam kimpurusair dṛṣṭvā ta ārād dadršur vatam

vaidūrya-kṛta—made of vaidūrya; sopānāḥ—staircases; vāpyah—lakes; utpala—of lotus flowers; mālinīh—containing rows; prāptam—inhabited; kimpuruṣaiḥ—by the Kimpurusas; *drstvā*—after seeing; *te*—those demigods; ārāt—not far away; dadṛśuḥ—saw; vaṭam—a banyan tree.

(1) Why are the inhabitants of the spiritual world not agitated by sexual desire?

They also saw that the bathing ghātas and their staircases were made of vaidūrya-maņi. The water was full of lotus flowers. Passing by such lakes, the demigods reached a place where there was a great banyan tree.

32 म योजनशतोत्सेधः पादोनविटपायतः पर्यक्कृताचलच्छायो निर्नीडस्तापवर्जितः

sa yojana-śatotsedhah pādona-vitapāyatah paryak-krtācala-cchāyo nirnīdas tāpa-varjitah

saḥ—that banyan tree; yojana-śata—one hundred yojanas (eight hundred miles); utsedhaḥ—height; pāda-ūna —less by a quarter (six hundred miles); vitapa—by the branches; āyataḥ—spread out; paryak—all around; kṛta —made; acala—unshaken; chāyah—the shadow; nirnīdah —without bird nests; *tāpa-varjitaḥ*—without heat.

That banyan tree was eight hundred miles high, and its branches spread over six hundred miles around. The tree cast a fine shade which permanently cooled the temperature, yet there was no noise of birds.

PURPORT: Generally, in every tree there are bird nests, and the birds congregate in the evening and create noise. But it appears that this banyan tree was devoid of nests, and therefore it was calm, quiet and peaceful. There were no disturbances from noise or heat, and therefore this place was just suitable for meditation.

33 तस्मिन्महायोगमये मुमुक्षुशरणे सुराः ददुशः शिवमासीनं त्यक्तामर्षमिवान्तकम्

tasmin mahā-yogamaye mumuksu-śarane surāh dadṛśuḥ śivam āsīnam tyaktāmarşam ivāntakam

tasmin—under that tree; mahā-yoga-maye—having many sages engaged in meditation on the Supreme; mumuksu —of those who desire liberation; *śarane*—the shelter; surāḥ—the demigods; dadṛśuḥ—saw; śivam—Lord Siva; āsīnam—seated; tyakta-amarşam—having given up anger; iva—as; antakam—eternal time.

The demigods saw Lord Siva sitting under that tree, which was competent to give perfection to mystic yogīs and deliver all people. As grave as time eternal, he appeared to have given up all anger.

BOOK SECTION: SRIMAD-BHAGAVATAM

PURPORT: In this verse the word *mahā-yogamaye* is very significant. *Yoga* means meditation on the Supreme Personality of Godhead, and *mahā-yoga* means those who engage in the devotional service of Viṣṇu. Meditation means remembering, *smaraṇam*. There are nine different kinds of devotional service, of which *smaraṇam* is one process; the yogi remembers the form of Viṣṇu within his heart. Thus there were many devotees engaged in meditation on Lord Visnu under the big banyan tree.

The Sanskrit word $mah\bar{a}$ is derived from the affix mahat. This affix is used when there is a great number or quantity, so $mah\bar{a}$ -yoga indicates that there were many great yogis and devotees meditating on the form of Lord Viṣṇu. Generally such meditators are desirous of liberation from material bondage, and they are promoted to the spiritual world, to one of the Vaikunthas. 2 Liberation means freedom from material bondage or nescience. In the material world we are suffering life after life because of our bodily identification, and liberation is freedom from that miserable condition of life.

34 सनन्दनाद्यैर्महासिद्धैः शान्तैः संशान्तविग्रहम् उपास्यमानं सख्या च भर्त्रा गुद्यकरक्षसाम्

sanandanādyair mahā-siddhaiḥ śāntaiḥ saṁśānta-vigraham upāsyamānaṁ sakhyā ca bhartrā guhyaka-rakṣasām

sanandana-ādyaiḥ—the four Kumāras, headed by Sanandana; mahā-siddhaiḥ—liberated souls; śāntaiḥ—saintly; samśānta-vigraham—the grave and saintly Lord Śiva; upāsyamānam—was being praised; sakhyā—by Kuvera; ca—and; bhartrā—by the master; guhyaka-rakṣasām—of the Guhyakas and the Rākṣasas.

Lord Śiva sat there, surrounded by saintly persons like Kuvera, the master of the Guhyakas, and the four Kumāras, who were already liberated souls. Lord Śiva was grave and saintly.

PURPORT: The personalities sitting with Lord Śiva are significant because the four Kumāras were liberated from birth. It may be remembered that after their birth these Kumāras were requested by their father to get married and beget children in order to increase the population of the newly created universe. But they refused, and at that time Lord Brahmā was angry. In that angry mood, Rudra, or Lord Śiva, was born. 3 Thus they were intimately related. Kuvera, the treasurer of the demigods, is fabulously rich. 4 Thus Lord Śiva's association with the Kumāras and Kuvera indicates that he has all transcendental and material opulences. Actually, he is the qualita-

tive incarnation of the Supreme Lord; therefore his position is very exalted.

35 वद्यातपोयोगपथमास्थितं तमधीश्वरम् चरन्तं विश्वसुहृदं वात्सत्याह्योकमङ्गलम्

vidyā-tapo-yoga-patham āsthitaṁ tam adhīśvaram carantaṁ viśva-suhṛdaṁ vātsalyāl loka-maṅgalam

vidyā—knowledge; tapaḥ—austerity; yoga-patham—the path of devotional service; āsthitam—situated; tam—him (Lord Śiva); adhīśvaram—the master of the senses; carantam—performing (austerity, etc.); viśva-suhṛdam—the friend of the whole world; vātsalyāt—out of full affection; loka-maṅgalam—auspicious for everyone.

The demigods saw Lord Śiva situated in his perfection as the master of the senses, knowledge, fruitive activities, and the path of achieving perfection. He was the friend of the entire world, and by virtue of his full affection for everyone, he was very auspicious.

PURPORT: Lord Śiva is full of wisdom and *tapasya*, austerity. One who knows the modes of work is understood to be situated on the path of devotional service to the Supreme Personality of Godhead. One cannot serve the Supreme Personality of Godhead unless one has achieved full perfectional knowledge in the ways and means of performing devotional service.

Lord Śiva is described here as *adhīśvara*. *Īśvara* means "controller," and *adhīśvara* means particularly "controller of the senses." Generally our materially contaminated senses are apt to engage in sense gratificatory activities, but when a person is elevated by wisdom and austerity, the senses then become purified, and they become engaged in the service of the Supreme Personality of Godhead. Lord Śiva is the emblem of such perfection, and therefore in the scriptures it is said, *vaiṣṇavānām yathā śambhuḥ*: Lord Śiva is a Vaiṣṇava. Lord Śiva, by his actions within this material world, teaches all conditioned souls how to engage in devotional service twenty-four hours a day.

- (2) What is liberation?
- (3) Why are Lord Śiva and the Kumāras intimately related?
- (4) What does Lord Śiva's association with the Kumāras and Kuvera indicate?

BOOK SECTION: SRIMAD-BHAGAVATAM

5 Therefore he is described here as *loka-maṅgala*, good fortune personified for all conditioned souls.

36 लिङ्ग च तापसाभीष्टं भस्मदण्डजटाजिनम् अङ्गेन सन्ध्याभ्ररुचा चन्द्रलेखां च बिभ्रतम्

liṅgaṁ ca tāpasābhīṣṭaṁ bhasma-daṇḍa-jaṭājinam aṅgena sandhyābhra-rucā candra-lekhāṁ ca bibhratam

lingam—symptom; ca—and; tāpasa-abhīṣṭam—desired by Śaivite ascetics; bhasma—ashes; daṇḍa—staff; jaṭā—matted hair; ajinam—antelope skin; aṅgena—with his body; sandhyā-ābhra—reddish; rucā—colored; candra-lekhām—the crest of a half-moon; ca—and; bibhratam—bearing.

He was seated on a deerskin and was practicing all forms of austerity. Because his body was smeared with ashes, he looked like an evening cloud. On his hair was the sign of a half-moon, a symbolic representation.

PURPORT: Lord Śiva's symptoms of austerity are not exactly those of a Vaiṣṇava. Lord Śiva is certainly the number one Vaiṣṇava, but he exhibits a feature for a particular class of men who cannot follow the Vaiṣṇava principles.

The Śaivites, the devotees of Lord Śiva, generally dress like Lord Śiva, and sometimes they indulge in smoking and taking intoxicants. Such practices are never accepted by the followers of Vaiṣṇava rituals.

37 उपविष्टं दर्भमय्यां बृस्यां ब्रह्म सनातनम् नारदाय प्रवोचन्तं पृच्छते शृण्वतां सताम्

- (5) Why is Lord Siva described as *loka-mangala*?
- (6) What are some practices of Śaivaites that are not accepted by Vaisnavas?
- (7) What was the subject of the discussion between Lord Śiva and Nārada?
- (8) What is the significance of Lord Śiva's being the supreme instructor and Nārada the supreme audience?

upaviṣṭaṁ darbhamayyāṁ bṛṣyāṁ brahma sanātanam nāradāya pravocantaṁ pṛcchate śṛṇvatāṁ satām

upaviṣṭam—seated; darbha-mayyām—made of darbha, straw; bṛṣyām—on a mattress; brahma—the Absolute Truth; sanātanam—the eternal; nāradāya—unto Nārada; pravocantam—speaking; pṛcchate—asking; śṛṇvatām—listening; satām—of the great sages.

He was seated on a straw mattress and speaking to all present, including the great sage Nārada, to whom he specifically spoke about the Absolute Truth.

PURPORT: The lord was sitting on a mattress of straw because such a sitting place is accepted by persons who are practicing austerities to gain understanding of the Absolute Truth. In this verse it is specifically mentioned that he was speaking to the great sage Nārada, a celebrated devotee. Nārada was asking Lord Śiva about devotional service, and Śiva, being the topmost Vaiṣṇava, was instructing him. To ther words, Lord Śiva and Nārada were discussing the knowledge of the *Veda*, but it is to be understood that the subject matter was devotional service.

Another point in this connection is that Lord Śiva is the supreme instructor and the great sage Nārada is the supreme audience. Therefore, the supreme subject matter of Vedic knowledge is *bhakti*, or devotional service.

38 कृत्वोरौ दक्षिणे सव्यं पादपदां च जानुनि बाहुं प्रकोष्ठेऽक्षमालामासीनं तर्कमुद्रया

kṛtvorau dakṣiṇe savyaṁ pāda-padmaṁ ca jānuni bāhuṁ prakoṣṭhe 'kṣa-mālām āsīnaṁ tarka-mudrayā

kṛtvā—having placed; ūrau—thigh; dakṣiṇe—at the right; savyam—the left; pāda-padmam—lotus feet; ca—and; jā-nuni—on his knee; bāhum—hand; prakoṣṭhe—in the end of the right hand; akṣa-mālām—rudrākṣa beads; āsīnam—sitting; tarka-mudrayā—with the mudrā of argument.

His left leg was placed on his right thigh, and his left hand was placed on his left thigh. In his right hand he held rudrākṣa beads. This sitting posture is called vīrāsana. He sat in the vīrāsana posture, and his finger was in the mode of argument.

[continued in the next issue]

(continued from page 14) sincere would be grateful to him for exposing dirty things in their heart.

Once a great scholar named Keshava Kashmiri visited the town of Navadvipa, where Lord Caitanya, then known as Nimai Pandita, lived. At that time Nimai was teaching elementary grammar to children. So great was Keshava Kashmiri's learning that he intimidated everyone. No one dared challenge him to debate. But sixteenyear-old Nimai Pandita, seeing the pride of the scholar, decided to challenge him. His intention was not to discredit the pandita, but rather to purify his heart of pride so that love of God could manifest. The Lord met Keshava Kashmiri alone and critiqued his poetic composition glorifying the Ganges River. When Lord Caitanya found many faults in the poetry, the scholar became morose.

In a dream that night, Sarasvatī, the goddess of learning, informed Keshava Kashmiri that Nimai Pandita was the Supreme Lord and that he should surrender to him. Because of the scholar's good fortune, he was able to go before the Lord and give up his materialistic mentality and pursuits.

Sometimes we tenaciously hold on to our negative qualities even while the Lord expertly tries to pry them from us. As a way to justify keeping a coveted attachment, we might leave the association of Kṛṣṇa's devotees. The company of devotees is extremely important for spiritual advancement, but Krsna will keep us in that company only as long as we have faith in the practices of bhakti-yoga. With faith, we can successfully pass examinations and make steady spiritual advancement.

As we advance, our anarthas become more and more subtle, like the sand and dust particles in the final stages of cleaning the Gundicha temple. They become more difficult to detect and easier to cover up. But before the Lord will agree to come and sit in our hearts, they also must be removed.

Sometimes after spending many hours cleaning our homes, we might be tempted to forgo the last details and feel content with what we did. But the goal of *bhakti-yoga* isn't to be content with an almost clean heart. Rather, a purified heart sets the stage

for the real goal of *bhakti* practices: love of God. If we stop short of this goal, we have done ourselves a great disservice.

Reflecting on my episode in the kitchen. I think about the attitude that would have been more favorable for cultivating love of God. I could have recognized that my husband was an instrument to test my devotion to Kṛṣṇa. The people closest to us often serve us in that way. I could have remembered that this is the Lord's kitchen and to be able to clean it is a privilege. If I had embraced the service in that mood, I would have come a step a closer to realizing my eternal loving relationship with Krsna. But, as I mentioned earlier, Kṛṣṇa will give me another opportunity to jump this hurdle.



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THE SCRIPTURAL BASIS

(continued from page 23) mahā-mantram ca kṛṣṇasya sarva pāpa praņāśakam iti

"Without Hari, there is no way to eradicate the sins of the age of Kali, and therefore it is essential that the name of Hari (hari-nāma) should reverberate in all the worlds. By this reverberation, all dimensions can be released from the great sins of the age of Kali. First one should twice chant 'Hare Kṛṣṇa,' then twice 'Kṛṣṇa,' then twice 'Hare,' then twice 'Hare Rāma,' and in the end, O Mahādevī, one should chant 'Rāma' twice, and then 'Hare Hare.' In this way one should pronounce Krsna's hari-nāma mahāmantra, which destroys all sins."

(6) From the *Rādhā Tantra*:

śrnu mātarmahāmāye viśva-bīja-svarūpiņi hari nāmno mahāmāye krāmam vad sureśvari

"Hear me, O mother Mahāmāyā, seed of the universe, mistress of the gods! I ask you to please explain the sequence of hari-nāma."

> hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

dvātrinsad aksarāņyeva kalau nāmāni sarvadam etan mantram suta śrestha prathamam śrnuyān narah

"Hare Krsna, Hare Krsna, Krsna Krsna, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare. O best of sons, this is how you should chant these thirty-two syllables and sixteen names in the age of Kali. This mantra should be heard by all human beings."

(7) Dhyānacandra Gosvāmī, an early follower of Caitanya Mahāprabhu, refers to an old Vedic text in describing the Hare Kṛṣṇa mahā-mantra in his Gaura-govindārcana-smaraņapaddhati (132–136):

There are three Kṛṣṇa mantras that are very pure and powerful. They are famous for bestowing love of God on their chanters. The Sanat-kumāra-samhitā refers to the first mantra: "The words Hare Krsna are repeated twice, and then Krsna and Hare are both separated and repeated twice in the same way. After that, Hare Rāma, Rāma, and Hare are repeated twice as well. The mantra thus flows as follows: Hare Krsna, Hare Krsna, Krsna Krsna, Hare Hare/Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare."

The meditation that accompanies this mahā-mantra is also found in the Sanat-kumāra-samhitā: "Śrī Krsna is playing in the cooling waters of the Yamuna or in the shade of a kadamba tree in the beautiful Vrndāvana forest. He is accompanied by cows and cowherd boys, and by Śrī Rādhā. He is very skillful at playing the flute, as he stands in a charming thrice-bending pose, always bestowing mercy and kindness upon the devotees."

(8) Gopāla Guru Gosvāmī, Dhyānacandra's successor, quotes from the Brahmānda Purāṇa, which discusses the names in the mahā-mantra:

The Lord is known as Hari because he takes away the ignorance of his devotees. Indeed, he reveals to them his actual nature and his personal spiritual form.

Because Rādhā, Krsna's joy, steals Krsna's mind, she is known by the name Harā.

The dark, lotus-eyed Lord, the true master of the highest bliss, he who brings pleasure to Gokula, the son of Nanda, is known as Krsna. He is also known as Rāma because the joys of conjugal life are the essence of his being, because he is the incarnated deity of loving pastimes, and because he brings pleasure to Śrīmatī Rādhārānī.

THE MAHĀ-MANTRA IN LATER LITERATURE

While the above represent the few references to the mahā-mantra in the earliest Vedic texts, the vast majority of such references appear in the later corpus of Vaisnava literature. In such references, the mahā-mantra is sometimes presented in its entirety, but alternately a "shorthand" reference to the *mahā-mantra* appears simply with the words "Hare Krsna." Here are but a few examples of both:

(1) Rūpa Gosvāmī, chief among Caitanya Mahāprabhu's primary associates, praises the chanting of Hare Krsna in his Laghu-Bhāgavatāmrta

- (1.4): "The syllables 'Hare Kṛṣṇa' emanated from the mouth of Śrī Caitanya himself, drowning the universe in love of God. Let these names be glorified!"
- (2) Śrī Rūpa longs to again attain the audience of Śrī Caitanya, who is always chanting Hare Krsna. He writes in Stavamālā, Prathama Caitanyāstakam (5): "When will Srī Caitanya Mahāprabhu-whose tongue is always dancing by loudly chanting Hare Krsna; who counts the number of times he chants on the wonderful strip of cloth from around his waist, tied with knots for chanting; whose eyes are so large that they seem to wrap around to reach his ears; and whose arms extend down to his knees-again become visible to me?"
- (3) Baladeva Vidyābhūṣaṇa, an important eighteenth-century teacher in the Gaudīya tradition, confirms in his Stava-mālā-vibhūṣaṇa-bhāṣya that "Hare Kṛṣṇa" in the verse by Rūpa Gosvāmī just quoted refers to the thirty-two-syllable mahā-mantra: "The Hare Krsna mantra was resounding in Caitanya Mahāprabhu's mouth. The mantra consisting of sixteen names and thirty-two syllables was dancing on his tongue."
- (4) Raghunātha Dāsa Gosvāmī, one of the famous six Gosvāmīs of Vrndāvana, writes in his Śacī-Sūnvaṣṭakam (5): "When will that son of Mother Sacī [Śrī Caitanya]—who, taking the residents of Bengal as his own, inspired them to chant Hare Kṛṣṇa a prescribed number of times daily and who like a father gave them many cherished

instructions—again become visible to me?"

- (5) Sārvabhauma Bhattācārya, an intimate associate of Lord Caitanya, states in his Caitanya-śatakam (64): "Seeing the people of the world afflicted by the sins of the age of Kali, Śrī Caitanya Mahāprabhu personally gave them the holy name and ordered them to perform loud congregational chanting of this mahā-mantra while dancing and playing musical instruments."
- (6) The following instance of Srī Caitanya's chanting of the mahā-mantra is found in the Caitanya-mangala of Locana Dāsa: "Once Mahāprabhu visited the home of a brāhmana and embraced him. The kīrtana that followed made that home become just like Vrndāvana, and a multitude of people gathered to hear and chant the holy names: Hare Kṛṣṇa, Hare Krsna, Krsna Krsna, Hare Hare/Hare Rāma, Hare Rāma, Rāma Rāma. Hare Hare."
- (7) In the *Caitanya-bhāgavata* (2.23.75– 78), the earliest biography of Lord Caitanya, Vṛndāvana Dāsa Ṭhākura quotes the mahā-mantra directly: "The Lord ordered everyone in great joy, 'Listen to the mahā-mantra of Krsna's names: Hare Krsna, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare. I spoke this mahā-mantra. Perform japa of this mantra a prescribed number of times. All perfection will be attained through this. Chant this mantra at every moment. There is no other rule."
- (8) In Caitanya-bhāgavata (1.14.143-147), Vrndāvana Dāsa Thākura quotes Lord Caitanya's instructions to Tapana Miśra: "Everything is accomplished by hari-nāma-sankīrtana, including the goal of life and the means for its attainment. In this age of Kali, the only means for deliverance is the chanting of the names of Hari. There is no other way, there is no other way, there is no other way. Hare Krsna, Hare Kṛṣṇa, Kṛṣṇa Kṛṣṇa, Hare Hare/ Hare Rāma, Hare Rāma, Rāma Rāma, Hare Hare. This verse of names is called

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the *mahā-mantra*. It contains sixteen names of the Lord, consisting of thirty-two syllables. Chanting this mantra again and again will awaken the sprout of pure love of God within the heart. Thus, by chanting, the goal of life and the means for its attainment are understood."

CONCLUSION

The great ācāryas in disciplic succession from Śrī Caitanya (the lineage represented by the Hare Krsna movement) have given the world numerous indications and instructions about chanting the mahā-mantra. Therefore, although not explicitly quoted in the three primary texts mentioned at the beginning of this article, the implicit reference to the mantra pervades the tradition. The whole of the Śrīmad-Bhāgavatam, in fact, centers on hearing and chanting Hare Krsna—with many references to hari-kīrtana and hari-sankīrtana as does the Bhagavad-gītā. Both texts glorify the great souls who know that chanting the Lord's names is the central practice of spiritual life. As for the Caitanva-caritāmrta, Caitanva Mahāprabhu's most in-depth biography, each turning point in the Lord's life is highlighted by chanting. For example, we learn how the mahā-mantra changed his course early on, and how his chanting inspired and illuminated others.

But, as stated earlier, the mahāmantra is meant to be conveyed by a bona fide spiritual master to a sincere disciple. Of course, the tradition teaches that anyone can chant it, and that there are no hard and fast rules for doing so. But Caitanya Mahāprabhu's own example shows it was not until he received the mahāmantra from Īsvara Purī, his spiritual preceptor, that he became intoxicated with love of God. In other words, the real fruit of the mantra is given by one who already relishes its fruit. And the scriptures, while encouraging a devotee to move towards initiation, will generally only hint at the mantra and its efficacy, the total affect only unleashed when one surrenders to a spiritual teacher in disciplic succession.

But let us for a moment revisit the question of why the mahā-mantra is not found in the central texts of the Hare Kṛṣṇa movement. First of all, it was originally a śruti mantra, found in such texts as the Kali-santarana Upanisad, quoted earlier. This being the case, it was considered a confidential mantra, and as such would normally be revealed implicitly rather than explicitly, as both Sanātana Gosvāmī and Kṛṣṇadāsa Kavirāja Gosvāmī attested to. This would explain why it is not explicitly found in the Bhagavad-gītā or the Śrīmad-Bhāgavatam, even if these scriptures stress the importance of chanting the holy name of Krsna. However, Caitanya Mahāprabhu broke open the storehouse of love of God, and in so doing ushered in the true glory of the mahā-mantra, in terms of both its unending potency and its accessibility to all who would take it. Indeed, he revealed it to be the special dispensation of the current age of quarrel and hypocrisv.

Why is the *mahā-mantra* not in the Caitanya-caritāmrta? Krsnadāsa Kavirāja Gosvāmī writes that he will not unduly repeat things revealed by the earlier biographer Vṛndāvana Dāsa Ţhākura, whom, as we have seen, did mention the mahā-mantra. Building on the explicit information of his predecessors, Kṛṣṇadāsa Kavirāja Gosvāmī writes many verses glorifying the chanting of the holy name. When he uses words like hari-nāma and mahāmantra, his readers would have known what he was referring to.

In this way, the scriptures and the great ācāryas sometimes reveal the full mahā-mantra, and sometimes they do not. But one thing is certain: Those who are sincere will eventually receive the holy name and thereby attain perfection.

Satyarāja Dāsa, a disciple of Śrīla Prabhupāda, is a BTG associate editor. He has written over twenty books. He lives with his wife and daughter near New York City.

The author would like to acknowledge the research of Mādhavānanda Dāsa in compiling scriptural references to the mahā-mantra.

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GIVING THE REAL CURE

(continued from page 15) are working to solve ...

Śrīla Prabhupāda: Starvation? This is not a problem. The Vedas say, nityo nityānām cetanas cetanānām/ eko bahūnām yo vidadhāti kāmān. God is perfectly providing food for all living beings. If someone is not getting any food, that is a blessing. It is God's arrangement to correct him.

Suppose a child is diseased and his father does not give him any food to eat. That is not starvation—it is his father's blessing. It is the cure. Why should the child complain? The so-called starvation problem is just a mental concoction. But we don't concoct anything; we get our knowledge from the scriptures. Tat te 'nukampām susamīkṣamāṇo bhuñjāna evātma-kṛtam vipākam: if a devotee of the Lord is starving, he doesn't complain. He takes it as God's blessing. "I did something wrong, so God has put me into this difficulty. It is his blessing." This is our view; this is scripture.

People often ask this question: "How can God be unkind to some people and kind to others? It's unjust." But this is foolishness. God is not unjust; God is good, but people do not understand God. Because you are unintelligent, when you see that people are starving you say that God is not good. But the fact is that you are not good. Each man's suffering is simply his own fault. So a devotee takes suffering as Kṛṣṇa's blessing, and because a devotee is thinking like that, his liberation is guaranteed (mukti-pade sa dāya-bhāk).

Mr. Chugani: The ways of God in the world are difficult for us to understand. They do seem unjust.

Śrīla Prabhupāda: Actually, you don't believe in God. And this godlessness is the real problem. You only believe in God if God is your servant and order supplier. "God, if you don't help me, I won't serve you." People think of God as their servant and order supplier.

One of my Godbrothers-from Germany—told me that in the Second World War, when the men of Germany went to fight, all the women were left at home. So, they went to the church and prayed to God that their husbands, their fathers, and their sons would return home. But none of them returned home, and the people all became atheists. "Ah, it is useless to go to the church! I prayed so much for my husband, but he did not come. It is useless!"

So this is their understanding of God. When the war was declared, they didn't consult God. But when their husband is going to die, then they petition God. They order God to make their husbands return from the war unharmed. "God did not bring him back. He did not carry out my order. So God is unjust. We're not interested in God."

And this is the attitude here, also. When people act sinfully, God is never consulted. But when they suffer, then they cry to God. And if he doesn't supply their order, they become atheists. "God is unjust!" they say. This is their rascaldom.

(continued from page 10) not possible. Parameśvara is Kṛṣṇa. Īśvaraḥ paramaḥ kṛṣṇaḥ.

But, at the same time, Krsna is Nandātmaja, the son of Nanda, and Vasudevātmaja, the son of Vasudeva. That is Krsna's mercy, his dealings between himself and his devotees. Nobody can become Kṛṣṇa's father, because he is the original father—aham ādir hi devānām [Bhagavad-gītā 10.2]. But he agrees to become the son of his devotee. That is called devotional dealings. Nobody can become the father of Kṛṣṇa. That is not possible. He is the original father. Aham bījapradaḥ pitā [Bhagavad-gītā 14.4].Then how can he be Nandātmaja? How can Nanda Mahārāja become the father of Kṛṣṇa? That means Nanda wanted to become the best servant of Kṛṣṇa. When I become the father of my child, I am actually the best servant of the child. You see that the children is moving and the mother is taking care of the child. So the mother is the best servant of the child.

This is Vaisnava philosophy. Others want to become one with the God, but we keep ourselves always as servants of God. And to become the best servant of God includes becoming his father or mother. Therefore a devotee prayed,

śrutim apare smṛtim itare bhāratam anye bhajantu bhava-bhītāh aham iha nandam vande yasyālinde param brahma

"Let others, fearing material existence, worship the Vedas, the Vedic supplementary *Purānas*, and the *Mahābhāra*ta, but I shall worship Nanda Mahārāja, in whose courtyard the Supreme Brahman is crawling." That is the superior position of Nanda Mahārāja.

Ordinary men cannot understand it. But Vaisnava philosophy is so nice that instead of becoming one with the Supreme, the Vaisnavas want to become the father of the Supreme. That is Vaisnava philosophy. Such relationships are pleasurable for Kṛṣṇa. As a son, Krsna wants to be subordinate to his devotee so that he may be punished. He is punishing everyone, but he wants to be punished also. That is his pleasure. And who will punish him? His father and mother, superiors. Or his superior lover, Rādhārānī, can punish him.

This Kṛṣṇa consciousness movement is very scientific and sublime. Try to understand. Always read the books. Don't try to understand Kṛṣṇa in an ordinary way. In the Bhagavadgītā [7.3] Kṛṣṇa says,

manuşyāṇāṁ sahasreşu kaścid yatati siddhaye yatatām api siddhānām kaścid mām vetti tattvatah

"Out of many thousands among men, one may endeavor for perfection, and of those who have achieved perfection, hardly one knows me in truth." To understand Kṛṣṇa is not so easy, but if you follow the mahājanas, the great souls, if you try to understand the philosophy through the paramparā system, then you'll realize Kṛṣṇa, and your life will be successful.

Thank you very much.



CALENDAR

This calendar is calculated for Māyāpur, West Bengal, India. The dates, derived from a lunar calendar, may vary by one day for other locations. For the exact dates for your area, go to www.krishna. com/calendar.

Because the Hare Kṛṣṇa movement comes in disciplic line from Caitanya Mahāprabhu, the calendar includes not only dates relevant to all followers of the Vedic tradition but also dates relating to Lord Caitanya's associates and prominent spiritual masters in his disciplic succession.

Month of Nārāyana

(December 16–January 14)

JANUARY

- **2**—Disappearance anniversary of Śrīla Jīva Gosvāmī, one of the six Gosvāmīs of Vrndāvana.
- **10**—Putradā Ekādaśī. Fasting from grains and beans.

Month of Mādhava

(January 15–February 13)

- **19**—Appearance anniversary of Śrīla Gopāla Bhatta Gosvāmī, one of the six Gosvāmīs of Vrndāvana.
- **20**—Disappearance anniversary of Śrīla Jayadeva Gosvāmī, a great spiritual master and author of Gīta-govinda.
- **21**—Disappearance anniversary of Srīla Locana Dāsa Thākura, a great spiritual master whose Bengali devotional songs perpetuate the simple Krsna conscious method of self-realization.
- **26**—Şaţ-tilā Ekādaśī. Fasting from grains and beans.

FEBRUARY

- **2**—Appearance anniversary of Śrīla Raghunātha Dāsa Gosvāmī, one of the six Gosvāmīs of Vrndāvana. Disappearance anniversary of Srīla Viśvanātha Cakravartī Ţhākura, a Vaiṣṇava spiritual master and author who appeared in the 17th century. Appearance anniversary of Śrīmatī Visnupriyā Devī, the consort of Lord Caitanya.
- **4**—Appearance anniversary of Śrī Advaita Ācārya, an incarnation of Lord Krsna's expansion Mahā-Viṣṇu and a close associate of Lord Caitanya. Fasting till noon
- **6**—Disappearance anniversary of Śrīpāda Madhvācārya, a Vaisnava philosopher and spiritual master who appeared in the 13th century.
- **7**—Disappearance anniversary of Śrīla Rāmānujācārya, an 11thcentury philosopher and spiritual master.
- 8—Bhaimī Ekādaśī. Fasting from grains and beans. Fasting till noon for the appearance of Lord Varāha.
- **9**—Appearance anniversary of Lord Varāha, Lord Kṛṣṇa's boar incarnation. (No fasting.)
- **10**—Appearance anniversary of Lord Nityānanda Prabhu, a close associate of Lord Caitanya Mahāprabhu and an incarnation of Lord Krsna's elder brother, Lord Balarāma. Fasting till noon.
- **13**—Appearance anniversary of Śrīla Narottama Dāsa Thākura, a spiritual master in the disciplic line from Lord Caitanya who composed many devotional songs in Bengali.

Month of Govinda

(February 14–March 14)

- **18**—Appearance anniversary of Śrīla Bhaktisiddhānta Sarasvatī Ţhākura, the spiritual master of Śrīla A. C. Bhaktivedanta Swami Prabhupāda, the Founder- $\bar{A}c\bar{a}rya$ of the International Society for Krishna Consciousness. Fasting till noon, then feasting. Also, disappearance anniversary of Śrīpāda Gour Govinda Swami, an ISKCON guru.
- 24—Vijayā Ekādaśī. Fasting from grains and beans.
- **25**—Disappearance anniversary of Śrīla Īśvara Purī, Lord Caitanya's spiritual master.
- 27—Śrī Śiva Rātri, a day in honor of Lord Siva.
- **28**—Disappearance anniversary of Śrīla Jagannātha Dāsa Bābājī, the great devotee in the disciplic line from Lord Caitanya who confirmed Śrīla Bhaktivinoda Thākura's discovery of Lord Caitanya's birthplace.

MARCH

- **10**—Amalakī-vrata Ekādaśī. Fasting from grains and beans.
- 11—Disappearance anniversary of Śrīla Mādhavendra Purī, the spiritual master of Lord Caitanya's spiritual master.
- 14—Śrī Gaura Pūrņimā, the appearance anniversary of Lord Śrī Caitanya Mahāprabhu, who is Kṛṣṇa himself in the role of his own devotee. Fasting till moonrise, followed by a breakfast of Ekādaśī prasādam (no grains or beans). Feasting tomorrow.



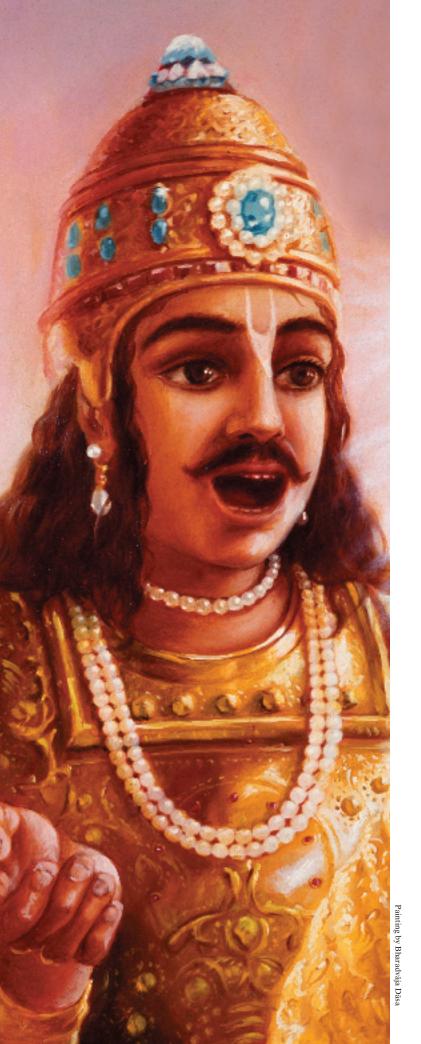
A concise refresher on Lord Kṛṣṇa's immortal teachings.

by Kālakantha Dāsa

IN 1968 HIS DIVINE Grace A. C. Bhaktivedanta Swami Prabhupāda published the Bhagavad-gītā As It Is, which has since sold tens of millions of copies in dozens of languages. As a lifetime devotee of Kṛṣṇa and a consummate Sanskritist, Śrīla Prabhupāda spells out the clear conclusions of the Gītā that are often obscured by arms-length commentators with their own agenda. Śrīla Prabhupāda's purports (commentaries) illuminate for us the verses spoken by Kṛṣṇa and Arjuna. The following condensed version of their historic conversation combines key points from the verses and purports in the same sequence as the original. These are not direct quotes and thus cannot replace the complete Bhagavad-gītā As It Is. Instead, this version provides an overview of the philosophical thread of the Gītā. It is consistent with Śrīla Prabhupāda's comprehensive edition and can be used for introduction or review.







inner happiness that is lost to most people.

Arjuna: You're telling me to be happy within and fight at the same time. That's a contradiction.

Kṛṣṇa: You can't live without acting, Arjuna. Instead of acting for yourself, turn what you do into a sacrifice for the Supreme. Then you'll be happy.

Arjuna: What is this power pushing me toward acting selfishly?

Kṛṣṇa: Lust, Arjuna, born of festering desire. Lust destroys your ability to think clearly. For a long time I've been teaching people how to use yoga to conquer lust. I taught the sun-god, who taught his son, who started a long chain of teachers. Somehow, though, the original knowledge has been lost, so today, dear friend, I'll teach it to you myself.

Arjuna: How could you teach the sun-god, who's so much older than you?

Kṛṣṇa: Ordinary bodies age and die, Arjuna, but my body is spiritual and never deteriorates. From time to time I appear in society to help the good people and to vanquish the bad. Good people get rid of their lust and turn their love to me. But there are many kinds of people, and I respond to everyone individually.

Act for my sake, Arjuna. When you do, everything involved—your work, your equipment, your knowledge—becomes part of a blissful offering, a sacrifice for the Supreme. There are many ways to sacrifice, Arjuna, so you need to find a truly enlightened guru to help you sort them out.

Acting without attachment and acting for me are both forms of yoga. However, by acting for me you automatically act without attachment. Remember that I'm your friend, that I own everything, that all action is meant for me. Then you'll have endless inner peace. You'll do your duty in perfect yoga, or union with me. To do this you may find it helpful to perform the long austerities involved with the mystic process of yoga and meditation.

Arjuna: Making the mind sit still is like trying to control the wind. Mystic yoga seems too hard for me. **Kṛṣṇa:** Yes, it is hard, but it's possible.

Arjuna: What if I start the path of yoga and fail? Then I'm a loser, materially and spiritually.

Kṛṣṇa: If you do the right thing, how can you lose? At least in your next lifetime you'll be better off. On the other hand, if you simply learn to serve me with love, at death you'll come to me and leave this horrible world.

PART 2: DEVOTION

Kṛṣṇa: Arjuna, just listen. You're one of the rare souls who want to know the truth. Just try to understand these points:

Everything comes from me, Arjuna, even the three types of materialism, which affect everyone except me, their creator.

People who are materialistic, arrogant, falsely

wise, or dull ignore me. People turn to me when they're curious, desperate, sad, or wise.

People who think I'm just a mouthpiece for Brahman, the formless spirit, never get to know me personally. But wise people who serve me come to me after death.

Arjuna: Tell me about this formless spirit, please, as well as the gods, the soul, karma, and your presence in my heart. And, please, how do I know you at death?

Kṛṣṇa: The formless spirit, or Brahman, is my spiritual effulgence, and the sparklike individual spirit souls are of the same spiritual substance. By nature, the individual souls serve, but if they choose to serve this endlessly changing world of matter they suffer karma. As for the gods, I create them to manage this material world. And yes, I do live in your heart as the Supersoul, Arjuna.

As for remembering me at death, practice by thinking of me as you fight. At other times think of me as both ancient and fresh, grand and minuscule, but always as a person, shining like the sun. Mystic yogis train themselves with long, deep, mechanical meditation to leave their bodies at just the right time. That helps them proceed to me in the spiritual world—the only world free of the extended misery of birth and death. But you can get there simply by remembering me. In fact, by serving me you gain whatever you might achieve from study, austerity, charity, renunciation, or any sort of religion.

Let me tell you more. These lessons comprise the king of education, Arjuna. Because you have no envy toward me you're able to understand them. You must simply listen with faith.

I create the universe and everything in it, but I remain an individual, untouched by my creation. Fools see me as an ordinary man, but great souls bow to Me and serve me with love. Some offer great sacrifices to the gods instead, for they like the material enjoyment the gods can give them. But if one lovingly offers me a little water or a flower or some vegetarian food, I accept it.

Even if you make a mistake, I'll still accept you; I'm equal to everyone but partial to my devotees. Be my devotee, and I promise you'll come to me.

In short, just know that I create everything. Always serve and speak about me, and you'll be happy, for I, sitting in your heart, shall shine the lamp of knowledge and destroy all the ignorance in your life.

Arjuna: I love listening to you, Kṛṣṇa. It seems that only You can truly know yourself. How can I know you?

Kṛṣṇa: When you see the best of anything—the shark among the fish, or lion among beasts, for example—think of me. Yet anything wonderful you see in this world is just a spark of my true splendor.

Arjuna: Kṛṣṇa, you have kindly dispelled my illusion. Although I see you now as you are, if you think I am able to behold it, please show me your form in which you are the universe and everything within it.

Kṛṣṇa: Yes, Arjuna. I shall give you divine eyes to see this divine vision.

Arjuna (amazed): Kṛṣṇa, I see the huge gods with their



weapons and jewels, dispersed on every planet, dazzling with every imaginable color. The blazing glory of it all surrounds and blinds me. And yet the gods bow in fear before you. Truly you are everything, Kṛṣṇa! You see everything with your eyes, which are the sun and moon.

(fearful) Now I see you crushing the bodies of every living being with your terribly sharp teeth. My relatives, my enemies—everyone is rushing into your mouth! Why are you doing this?

Kṛṣṇa: I am time, the death of all. All these warriors are already as good as dead, Arjuna. Fight as my weapon and win your fame!

Arjuna (trembling): Almighty Lord, I bow to you from every side! Every living thing should glorify you, but I have foolishly treated you as a friend. Please forgive me, as a father forgives a son or a wife forgives a husband. And please, let me see you again as Kṛṣṇa.

Kṛṣṇa: My universal form has frightened you, Arjuna. Be calm. Now see me in the form you hold dear. Arju-

na, even by performing

ly they may achieve me. But if you directly think of me, I swiftly rescue you from the sea of birth and death.

every kind

will not

tion can I be truly seen.

as infinite, formless spirit?

If you can't always think of me, then hear and chant about me in the practice of bhakti, or devotional yoga. If you can't do that, then work for me, or at least work for charity, because detachment brings peace—more so than mere knowledge.

see me like this, as I am, as Krsna. Only by loving devo-

Arjuna: My Lord, should I contemplate you as Kṛṣṇa or

Krsna: Some people meditate on me as an endless spir-

it. That kind of meditation is troublesome, but eventual-

Those who think of me in devotion show wonderful qualities of kindness, tolerance, steadiness, and determination. They love me, and I love them.

PART 3: SPIRITUAL KNOWLEDGE

Arjuna: Kṛṣṇa, what is the relationship of the body and the soul?



Kṛṣṇa: The body is like a field of action for the soul. An ordinary soul interacts with the body by using the senses and by feeling emotions such as lust and hate. However, taking help from a guru, a wise soul becomes detached from the material body. Such a person is humble, equipoised, and truly independent.

As the Supersoul, I offer guidance to all souls, however wise or unwise they may be. Each soul can choose between me and materialism. Those who choose materialism suffer repeated birth and death in different species. Those who choose me come to see the whole situation—the compassionate Supersoul and the plight of a spiritual soul encased in dull matter.

Let me tell you more about matter. It comes in three varieties, or modes: goodness, passion, and ignorance. As the seed-giving father, I bring dead matter to life by implanting the soul. Then the modes take over. Goodness forces the soul to happiness, passion to ambition, and ignorance to delusion. The three modes compete for supremacy, knocking you, the eternal soul, from one material situation to the next. Only when you are free of their control can you taste real happiness.

Arjuna: How does one rise above the three modes, and having conquered them, how does one behave? **Kṛṣṇa:** To conquer the modes and be free of karma, simply love and serve me in every circumstance. Then as the modes come and go you'll observe them without loving or hating them. At that point you'll be unshakably calm and treat everyone equally.

Arjuna, imagine this world as a great, ancient banyan tree with branches that grow down to become roots. No one can figure out where such a tree begins or ends. If you want to escape its entangling branches, you must cut it down. Then you can enter my selfillumined abode, where there is no need of sunlight or electricity. When you go there, you won't miss this mortal banyan tree.

I want everyone to come to my abode, so I sit in every heart as the Supersoul, offering guidance. I also write the Vedic literature so that people can understand me. I exist beyond both the materialist and the enlightened soul. If you know me, you'll be wise and everything you do will come out perfect.

I've told you something about enlightened souls;



they're honest, pure, self-controlled, and detached. You are such a person, Arjuna, but I'd like you to hear something about the materialistic, atheistic demons.

Demons don't know what to do or what not to do. They're unclean, dishonest, and preoccupied with sex. Thinking my creation to be their personal property, they build costly, destructive weapons and feel powerful and proud. Their occasional pretenses of religion or charity are meaningless, for lust enslaves them. Chained to materialism by greed and anger, they fall into lower species of life birth after birth.

The Vedic scriptures, which could save them from such a fate, are of no interest to demons.

Arjuna: What becomes of those who don't refer to the *Vedas* but make up their own ways of worship?

Kṛṣṇa: Religion by imagination is a product of the three modes. In goodness one worships the gods, in passion, powerful demons, and in ignorance, ghosts.

The three modes affect everything, even your food. Juicy, fatty, wholesome foods are in goodness; bitter, salty, pungent foods are in passion; and stale, cold, putrid foods are in ignorance. The modes also influence what kind of charity you give and what kind of discipline you impose on yourself. Still, you should not renounce charity or penance.

Arjuna: What does it mean, then, for one to be renounced?

Kṛṣṇa: Renunciation means detachment from the fruits of your work. One in the mode of goodness works dutifully but renounces the result. One in the mode of passion renounces work when it grows troublesome. One in ignorance renounces work out of laziness or confusion.

By seeing others as souls and acting with that understanding, you will stay in goodness. That takes a determined mind, but the initial trouble will later bring you happiness. Happiness in passion seems splendid at the start but ends up being painful. Happiness in ignorance, such as taking intoxicants, is bitter from beginning to end.

Those who work in goodness, or *brāhmaṇas*, are often judges, teachers, or priests. *Kṣatriyas*, those who work in passion, are often administrators, police, or soldiers. Passion and ignorance com-





bine to produce *vaiśyas*, businesspeople or farmers. Those largely in ignorance are called *śūdras*, and they work as artisans, laborers or servants.

Regardless of the kind of work that best suits you, by doing your work for the Supreme you turn it to yoga and become enlightened. For that reason it's better to do your own work imperfectly than someone else's perfectly.

My dear Arjuna, here is a final summary of what I have been teaching you.

By serving me you will learn to act and live in simple wisdom, controlling your mind and senses and renouncing the fruits of your work. Soon you will enjoy peace and insight as you achieve unprecedented happiness and appreciation for everyone. In such a state of mind you will attain my abode.

Think about me and stay with my devotees; I will clear every obstacle from your path. If you become egoistic and think that you can make it on your own, you'll be lost.

You're a warrior, Arjuna; because of your nature you'll fight no matter what. Fight for me and you'll return to your original home in my abode.

Now I've told you the secrets of perfection. Think over what I've said, and then do whatever you wish to do.

Since you are very, very dear to me, I'll conclude with this:

Think about me always. Become my devotee. Worship me and give me homage, and you will return to me. Give up all other duties, Arjuna, and submit yourself to me. Don't worry; I'll free you from the results of any past mistakes.

Please, repeat these words of mine, but only to pious people. That too shall ensure that you will return to me, for no one is more dear to me than one who shares this message. And anyone who hears it faithfully, without envy, attains to the worlds of the pious.

Arjuna, do you understand? **Arjuna** (*firmly*): Infallible Kṛṣṇa, you have destroyed my illusions and doubts. By your kindness I have remembered who I really am. Now, according to your instructions, I shall fight.

Kālakaṇṭha Dāsa, Back to Godhead associate editor and author of Bhagavadgītā: The Song Divine, writes and raises a family in Alachua, Florida.

Painting by Parīkșit Dāsa

Life and Af

Does Modern Science Have

The intellectual community fails to even consider the validity of evidence of reincarnation.

by Navin Jani

I RECENTLY READ one of the latest books by Ian Stevenson, entitled European Cases of the Reincarnation Type. Dr. Stevenson is a research professor of psychiatry at the University of Virginia, and he has been doing research on the subject of reincarnation for more than thirty years. Over this period, he has accumulated several hundred accounts of young children who consciously remember details of past lives, exhibit birthmarks or phobias connected with a former person's death, or even speak fluently in languages with which they have had no prior contact.

Stevenson and his team have rigorously investigated and verified many of these accounts through interviews, historical record searches, and visits to the oftenremote areas described by these children. And yet few people are familiar with his work, and even fewer scholars in conventional academic circles address it seriously. Why such indifference? What is it about the intellectual community that prevents it from embracing Stevenson's research and the idea of reincarnation?

I'm a graduate of the Science, Technology and Society program at Stanford University, and this is not the first time I have thought about the nature of the modern scientific establishment and its relationship with mainstream culture. Among the public there is a perception that scientific inquiry is a dispassionate endeavor that uncovers value-neutral truths about reality. As a result, people are expected to regard scientific knowledge as belonging in a different category than knowledge from other sources, such as opinion, intuition, or scripture. This is justified on the grounds that science is supposedly free from the bias, prejudice, and blind faith that may characterize these other sources.

But this distinction is artificial. Science is far from the objective arbiter of truth it is commonly perceived

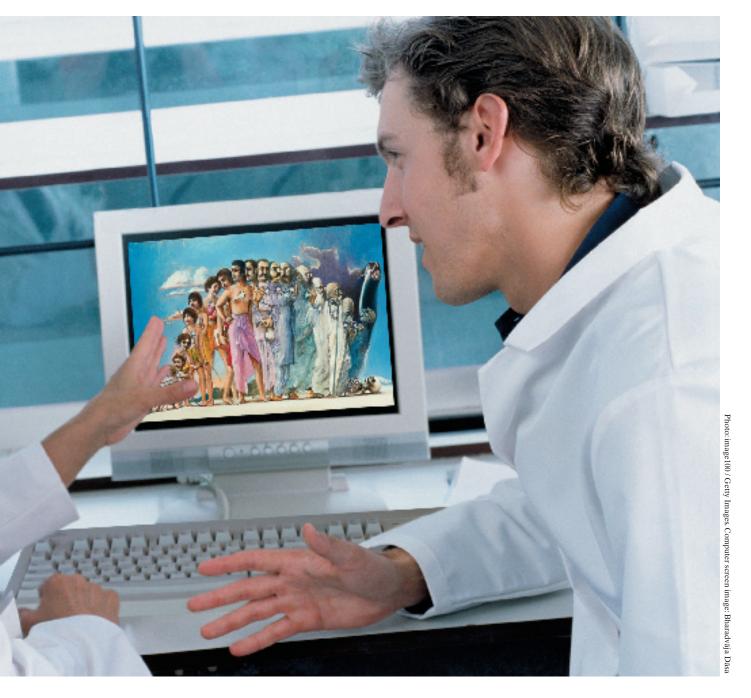


terlife It Right?

to be; rather, it is routinely affected by all manner of subjective considerations. Not only these more general mundane influences, but a more profound spiritual one as well, have played a part in the low esteem with which scientists hold Stevenson's body of work and the concept of reincarnation.

TAINTED PERCEPTION

The effect of irrational factors on empirical scientific research has been discussed, most notably by Thomas S. Kuhn in his classic The Structure of Scientific Revolutions. Among the issues he highlights that I view as bearing on reincarnation are the theory-laden nature of



perception, the role of paradigms in scientific research, and the social nature of such research.

The first influence refers to the unconscious effect of existing attitudes and worldviews on what someone perceives. A popular notion is that scientists collect hard facts and then process them in a straightforward, rational way to come up with a theory. Stevenson points out, however, that "prior beliefs influence judgments about evidence; and they influence even more the primary observations that furnish the evidence." A researcher's underlying system of values unwittingly shapes the conclusions he or she comes to. What's more, even the original facts themselves are subjective in that they may mean different things to different people. In this light, the image of the open-minded scientist transparently studying the world to extract an objective truth rings false. What a researcher believes before beginning an investigation necessarily affects what he or she ultimately discovers.

Kuhn cites an interesting psychology experiment as an example of this phenomenon of perceptual bias. In it, the experimenters asked their subjects to identify a series of playing cards that were shown to them in increasingly lengthy exposures. Mixed in with the normal deck, however, were some anomalous cards, such as a red six of spades and a black four of hearts. When the cards were shown in short flashes, almost all of the subjects correctly identified the normal cards but, without hesitation, misidentified the anomalous ones (i.e., they would identify a black four of hearts conventionally as either a black four of spades or a red four of hearts). As the exposure time increased, the subjects started to hesitate in identifying these anomalous cards, until, often quite suddenly, they were able to identify them correctly without difficulty. At first, the subjects fit the strange cards into one of the normal conceptual categories they had derived from experience. Only with an extremely exaggerated exposure time, perhaps forty times as long as that required to identify normal cards, were they able to correctly identify the anomalous cards. One is almost forced to conclude that, until the end, many of the subjects were actually "seeing" something different than what was actually before their eyes.

In terms of reincarnation, this selectivity of perception has affected the way scientists and scientifically minded people have reacted to the same evidence that convinced Stevenson. What to speak of the specific case studies he catalogues, there must be legions of other similar incidents and individuals. Why haven't these garnered more widespread notice and study? The answer is likely the predisposition in mainstream Western society, even if unconscious, against a belief in transmigration of the soul. Even though some individuals and groups may be found who accept the concept, two views are predominant: either a strictly secular disbelief in the very existence of a soul, or at most a religious belief that accepts only one earthly lifetime. The educational and cultural norms of Western society simply don't prepare people to be receptive to the idea of reincarnation. Those who do accept it do so in spite of, rather than because of, the underlying biases of their upbringing. Thus, most people, be they scientist or layperson, are predisposed to overlook evidence suggestive of reincarnation, whereas Stevenson, due to his own idiosyncratic background and experiences, was more open-minded and paid heed to such evidence.

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ENTRENCHED **PARADIGMS**

A second common source of subjectivity in the practice of modern science is the function of paradigms. Kuhn writes that paradigms are fundamental to the practice of normal science. A paradigm is a way of viewing the world and its study shared by a scientific community and connected to a set of generally accepted assumptions, rules, methods, and instruments. A paradigm aids detailed and precise study because those working within it don't have to build their argument from scratch in every investigation but can proceed from a common base of accepted fundamentals. Rather than splaying out their efforts in sundry directions, they can focus on specific areas of new research consistent with the paradigm and develop elaborate tools and techniques ap-

^{*}If you live outside the USA, check the estate tax laws for your country.

There is no room in the worldviews of established scientific communities for disembodied beings who migrate from one body to another.

propriate to these areas.

The problem with paradigms is that, because they are so useful, they become firmly entrenched and are displaced only with great difficulty. The same implicit beliefs and specialized methods that make research efficient and make certain types of progress possible become hindrances to the acceptance of novel beliefs, the development of new techniques, and the achievement of a grander type of progress. Thus, problems and phenomena that don't fall within the parameters of the dominant paradigm are usually rejected, Kuhn writes, as "metaphysical, as the concern of another discipline, or sometimes as just too problematic to be worth the time."

This obstinate resistance to change reminds me of a book I read as an undergraduate that compared the modern scientific enterprise to the mythical Jewish golem. This zombielike creature, fabricated from clay, was completely subservient to its creator, with no mind of its own. The point made by the authors was that one can no more expect the scientific establishment to be genuinely flexible and responsive to new information than one could expect the dull, lumbering golem to perform a ballet; both have so much unconscious momentum behind their bulk that they tend to simply roll over anything in their way.

The work of Ian Stevenson has been marginalized precisely because it is not in line with most contemporary paradigms. Despite his volumes of convincing evidence, the idea of reincarnation is anathema to traditional disciplines, and Stevenson's case studies are explained away on other grounds or rejected outright as unscientific. The logic or elegance of reincarnation as an explanation of many of his observations is irrelevant. There is simply no room in the worldviews

or approaches of established scientific communities for disembodied living beings who migrate from one body to another. Thus, only a shift in paradigms is likely to raise Stevenson's studies to greater prominence.

SELF-PRESERVATION

A third influence that colors the practice of science is the social nature of research. Academics are reluctant to embrace ideas that stray too far from established laws and principles because their reputations, and possibly their careers, depend on their credibility and the respect of their peers. At an informal level, scientists usually don't want to risk being ridiculed or minimized by presenting unconventional theories. At a formal level, researchers may hold prestigious positions or may have been honored with distinctive awards based on work they've done related to a particular theory. As a result, they are unlikely to welcome new discoveries that undermine their work.

The temptation to suppress such information by reassigning the "renegade researchers," cutting their funding, or simply firing them is often too strong to resist. Dr. Richard Thompson and Michael Cremo refer to the effect of this sort of strongly vested interest in maintaining the status quo as a "knowledge filter." Their work on archaeological anomalies cites several cases in which up and coming scientists were permanently stigmatized for presenting findings that deviated too far from the conventional wisdom (e.g., dating certain types of fossils tens or even hundreds of thousands of years further into the past than was generally accepted at the time).

The scenario is somewhat reminiscent of Hans Christian Anderson's "The Emperor's New Clothes." There

was once a vain emperor whose only fondness was for extravagant and refined clothing. A couple of clever scoundrels decided to take advantage of this weakness by making a proposal: for a small fortune, they would weave an outfit for the emperor out of a revolutionary new cloth so fine that it appeared invisible to those too foolish to perceive it. The emperor agreed, and the rascals took advantage of his gullibility by dressing him in nothing at all. When he paraded his new "outfit" before his subjects, however, no one was willing to admit that the emperor was actually naked for fear of appearing too foolish to be able to see the cloth. Finally, a simple child pointed out the obvious, and the crowd took up the cry, leaving the emperor in the ridiculous position of having to finish the procession with a straight face, knowing he was indeed naked.

The response of the intellectual community to Ian Stevenson's findings is not unlike the response of the crowd to the emperor's new clothes. Even if some individuals agree with some of his ideas or find some of his evidence persuasive, they are loath to publicly or professionally acknowledge their sympathy for fear of censure from their colleagues. Practically everyone is aware of the weaknesses and limitations of standard explanations for the evidence Stevenson presents, but they think it better to play along and preserve their status than to risk deviating from the norm and being labeled irrational.

SCIENTIFIC HUBRIS

The three factors listed above the effect of preconceptions on perception, the entrenchment of paradigms in modern science, and the social nature of research—are among

The Vedic understanding of reincarnation doesn't preclude its systematic study and experimental investigation.

the problems, as pointed out by Kuhn and others, associated with a strictly objective and rational image of science. I have indicated how all three probably play a role in keeping professional research communities from appreciating the pioneering work of Ian Stevenson on the subject of reincarnation. I believe another dynamic is at work, however, perhaps more significant and certainly subtler and less well understood: the hubris of modern science.

The goal of scientific research as it exists today is to understand, manipulate, and ultimately master matter. Physicists even speak of a desire to develop a grand uniform theory that would take the form of a few equations (or even a single one) that could be printed on a T-shirt. In their search for truth, scientists tend to rely solely on their own intellect and innate abilities in making new discoveries. "Man is the measure of all things" is their motto, and the infinite potential of the human intellect is their creed. Even those who believe in God relegate him to the background, as at most the initiator of a universe now completely mechanistic and rational. Indeed, scientific inquiry is predicated on the belief that the universe is a riddle answerable through human endeavor. The privileged position in society of science as a whole, and of scientists as individuals, rests on this belief.

HIGHER SOURCES OF INFORMATION

Phenomena such as reincarnation that indicate a reality beyond the reach of the microscope and telescope remind scientists too poignantly that their collective sense of mastery is only illusory and threaten their high status. The fact is that empiric research, such as that of Ian Stevenson, can take us

only so far in understanding the transmigration of a nonmaterial soul. Even if they accepted his work, researchers of reincarnation would be forced to turn to other sources of information, such as scripture, to more fully understand it. To do this they would have to admit their dependence on an authority higher than themselves. Such submission is anathema to the very spirit of contemporary scientific inquiry, however, and so it ends up being much easier to reject reincarnation altogether.

If only scientists were able to accept a more humble stance, they could take fruitful advantage of the Vedic literature of India, which represents a coherent source of information on reincarnation and other topics not addressed by mainstream science. The Vedic literature explains that the true nature of the universe is in fact inconceivable to ordinary human perception, and information about it must ultimately descend from God through his messengers and revealed scriptures. Among such scriptures is the Bhagavad-gītā, which informs us that we are all eternal spirit souls who belong in the spiritual sky with the Supreme Lord. There we are all immortal and full of complete knowledge and uninterrupted happiness. Due to a desire to enjoy separately from the Lord, however, we have been forced to descend to this material world and endure the cycle of repeated birth and death. Here we must reincarnate through various species of life until we again accept the supremacy of God, or Kṛṣṇa, and are allowed to re-enter his realm. Until then, the actions of our current life determine what our next material body will be.

Significantly, the Vedic understanding of reincarnation doesn't preclude its systematic study and experimental investigation. That is to say, scientific research could go on, but simply in a different spirit (and perhaps with some different theories and tools). Rather than approaching the study of nature as the lords of all they survey and pretending that scientific research as currently practiced is a completely reliable source of objective truth, the intellectual community would have to acknowledge its limitations, some of which have been described in this article, and adopt a more appropriate humility.

In this mood, scientists could begin to embrace reincarnation based on Stevenson's work, and then turn to the Vedic scriptures for further guidance and information. The texts themselves guarantee that such a sincere cultivation of knowledge will result in genuine realization and verifiable truth. Backed by a robust and wellgrounded understanding of reincarnation, scientists could offer society answers to some of its most pressing questions: Why do some people suffer and some people prosper in their present lives? They are simply experiencing the results of actions taken in their past lives. Why should people be moral and avoid sinful activities? By doing so, they ensure a better next life.

Of course, the ultimate understanding of reincarnation enunciated by the Vedic scriptures is that we should try to break free from the cycle of repeated birth and death by reconciling ourselves with God. As soon as we surrender unto him, he promises us in the Bhagavad-gītā, he'll fill our hearts with complete knowledge of everything to be known. And we'll get to live with him in eternal bliss to boot. What more could any scientist hope for?

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The Joy of Sacrifice

I WAS GOING TO open this essay with this simple declarative sentence: The essence of spiritual life is service to others. But then I hesitated. As an editor, I deal every day with the challenge of achieving clear communication. So I thought, "Will everyone understand what that sentence means?" You might think the sentence is clear, but not everyone will read it the same way. The main problem here has to do with the word spiritual, which means different things to different people.

What image comes to mind when you hear the word? If you're a regular reader of this magazine, you'll probably think of the soul or Kṛṣṇa or the spiritual world or the practices of Kṛṣṇa consciousness. You'll naturally equate spiritual with transcendental.

But not everyone thinks that way. One definition of spiritual is "showing great refinement and concern with the higher things in life." Someone with that idea of spiritual might agree with the statement "The essence of spiritual life is service to others" but miss the intended point. He or she might think, "Serving others is a refined human quality, and therefore it's spiritual."

So let me be clearer. When I say "spiritual," I'm talking about the reality that exists beyond matter and the temporary things of this world. I'm talking about eternal truths. And "spiritual life" is the transcendental life of the soul in it's relationship with God, whether in this world or beyond it.

To say that service is the essence of spiritual life means that serving others is intrinsic to our real identity. We can't escape it, nor, in our pure state, do we want to. It's essential to who we are, and therefore it's ultimately what fills us with joy.

Someone who thinks of spirituality in a more humanistic way might say that the good feelings one gets from serving others, in the philanthropic sense, indicate that helping others is spiritual. It's a higher kind of happiness than self-centered acts. That's true. Śrīla Prabhupāda says something similar, but he takes the idea to a higher level. He says that our joy in voluntarily sacrificing for the benefit others, with no apparent reward for ourselves, reveals our true nature as eternal servants of God.

In the *Bhagavad-gītā* (3.10) Lord Kṛṣṇa says, "Be thou happy by this sacrifice." We become happy by giving to God and his creatures.

Once, when a reporter asked Śrīla Prabhupāda what the purpose of life was, Prabhupāda answered, "To enjoy." Surely not the answer the reporter expected. Prabhupāda then explained that in our true identity as spiritual beings we are by nature happy. Real life, therefore, is enjoyment, but in this world we look for joy in the wrong places. We'll find bliss in service to others, in sacrifice.

"Service to others" is another part of my opening statement that might be misunderstood. Not all service is equal—or spiritual. What is truly beneficial, spiritual service? Chanting Hare Kṛṣṇa, because all who hear God's names receive eternal spiritual benefit. The Vedic scriptures prescribe different kinds of sacrifice for different ages. In this age, the recommended sacrifice is to chant God's names—a simple sacrifice that requires only that we give up some of our time and words. —Nāgarāja Dāsa

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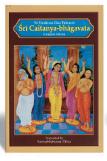




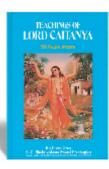
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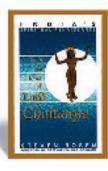
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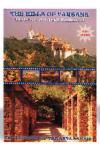
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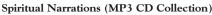






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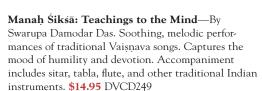






Om Purnam—By Bada Haridasa. A collection of bhajanas from Bada Haridāsa, Jāhnavī Dāsī, Karnāmrta Dāsi, and friends. A wonderful variety of vocals, backed by an eclectic array of instruments, from keyboard and guitar, to dulcimer, dolak, and drums. **\$14.95** B3CD435

Temple of the Heart—By the Temple Bhajan Band. Devotional hymns and mantras by a group from the Hare Kṛṣṇa temple in Los Angeles. The Temple Bhajan Band was a prize-winner at the 2004 Hollywood Spiritual Film and Entertainment Festival. \$10.95 BLCD292



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Rathayatra, Lenasia, South Africa (DVD)—The 2002 Lenasia, South Africa, Rathayātrā. Includes the chariot procession, prasādam distribution, dramas, kīrtanas, and lectures by senior devotees. \$17.95 B8VD333

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Rathayatra: Durban, South Africa, & More (2 DVDs)—Experience the nectar of the Durban Rathayātrā, including the opening ceremony, questions and answers, Rāmāyana drama, kīrtanas, and more. Also includes a slideshow of Śrīla Prabhupāda and deities from around the world. \$22.95 B8VD334





Sita's Wedding (DVD)—The events leading up to the wedding of Rāma, the warrior king, and princess Sītā are gorgeously dramatized in this awardwinning film. Hindi with English subtitles, color, 99 minutes. \$14.95 TVVD605

Not Just for Children





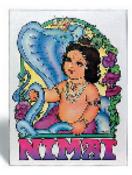


Nimai of Nadia: The Life of Chaitanya Mahaprabhu, Part 1 (DVD)-

A devotional classic portraying the life of Lord Caitanya Mahāprabhu, from his birth in Nadia to his acceptance of the sannyāsa order. Bengali with English subtitles, B&W, 80 minutes. **\$14.95** TVVD610

Nilacala Mahaprabhu: The Life of Chaitanya Mahaprabhu, Part 2 (DVD)—The sequel to Nimai of Nadia: Lord Caitanya revolutionizes Indian society. Bengali with English subtitles. B&W, 79 minutes. **\$14.95** TVVD611

Puppet Shows: Ramachandra Puri and More (DVD)—Six puppet shows that entertain and educate, including Ramacandra Puri, Rescuing Lord Caitanya from the Sea, Sanatana Goswami, and more. **\$14.95** TVVD633



Nimai Coloring Book—Illustrated by Govinda Devi Dasi. Break out the crayons, and color over 40 pictures from Lord Caitanya's childhood, when he was called Nimai. This is one of the classic coloring books illustrated by Govinda Devī Dāsī. Softbound, 48 pages, 11" x 14". \$4.95 RLBC853



Jagannatha Pendants—The smiling face of Lord Jagannātha, surrounded by a lotus flower. Golden disc, conch shell, lotus, and club delicately decorate the lotus petals. Protected by clear enamel. Choose from yellow, white, blue, and red. About 1" in diameter. \$8.95 J8JP81P



Jagannatha Coloring Book—This wonderful coloring and activity book is filled with images related to Lord Jagannātha, his temple, and the Rathayātrā festival. Softbound, 32 pages, 11" x 14½". **\$7.95** MPBC789



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Gauracandra Coloring Book (No. 1)— An oversized coloring book that contains the sweet childhood pastimes of Lord Caitanya, also known as Gauracandra. Read along as you color. Softbound, 22 pages, 93/4" x 131/2". \$2.95 RLBC854

Gauracandra Coloring Book (No. 2)—An oversized coloring book that continues the pastimes of Lord Caitanya in his youth. Read along as you color. Softbound, 24 pages, 93/4" x 13½". **\$2.95** RLBC855

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Vedic Thoughts

Advancement of civilization is estimated not on the growth of mills and factories to deteriorate the finer instincts of the human being, but on developing the potent spiritual instincts of human beings and giving them a chance to go back to Godhead.

His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda Śrīmad-Bhāgavatam 1.11.12

One who is the kind well-wisher of all living beings, who is peaceful and firmly fixed in knowledge and realization, sees me within all things. Such a person never again falls down into the cycle of birth and death.

Lord Śrī Kṛṣṇa Śrīmad-Bhāgavatam 11.7.12

The Supreme Truth is spiritual.
The Supreme Personality of Godhead is spiritual. The individual spirit soul is a tiny particle of spirit. Great variety exists in the realm of spirit. Spirit is by nature full of bliss. By performing spiritual activities one becomes blissful.

Śrīla Bhaktivinoda Ṭhākura *Tattva-viveka* 2.9–10

All of one's sins, whether accumulated by words, actions, or the mind, can be removed only by remembering the Supreme Personality of Godhead, Lord Śrī Kṛṣṇa.

Brahma-vaivarta Purāṇa Quoted in Śrī Hari-bhakti-vilāsa (3.55) Those who drink through aural reception, fully filled with the nectarean message of Lord Kṛṣṇa, the beloved of the devotees, purify the polluted aim of life known as material enjoyment and thus go back to Godhead, to the lotus feet of him [the Personality of Godhead].

Śrīla Śukadeva Gosvāmī Śrīmad-Bhāgavatam 2.2.37

Persons simply initiated into the chanting of Kṛṣṇa's names certainly attain liberation, what to speak of those who constantly worship Lord Acyuta [Kṛṣṇa] with pure devotion.

Brahma Purāṇa 119.6

If the sense of speech, which sets all the external and internal senses in motion, is brought under constant control, then the mind becomes stable and can properly engage in transcendental remembrance of the Lord. Remembrance thus develops as the fruit of chanting.

Associates of Lord Viṣṇu Śrī Bṛhad-bhāgavatāmṛta 2.3.150

You should know Kṛṣṇa to be the original Soul of all living entities. For the benefit of the whole universe, he has, out of his causeless mercy, appeared as an ordinary human being. He has done this by the strength of his internal potency.

Lord Brahmā Śrīmad-Bhāgavatam 10.14.55

